

Get To Know Me

COPPER **KNOB**
BY STEPHENETS

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Aprillia Munarwati (INA) & Lucy Aprilina Lo (INA) - May 2020
音樂: Low Key by Alla Brooke



Sequence: A A A(16) -A A A(16)-A B tag- A A(16)-A A

PART A:

SESSION 1: VAUDEVILLE- JAZZ BOX TURN

1&2&3&4& Cross R over L- step L to side -touch R heel diagonal forward- step R in place- cross L over R- step R to side- touch L heel diagonal forward- step L in place
5-8 cross R over L-turn ¼ R, step L back- step R to side- hitch Lf (3.00)

SESSION 2: VOLTA 1/2 TURN – MAMBO

1&2&3&4 Turn 1/8 L, step L forward(1), lock R behind L(&)(1.30)- turn 1/8 L, step L forward (2)- lock R behind L (&)(12.00)- turn 1/8 L, step L forward (3)- lock R behind L (&)(11.30)- turn 1/8 L , step L forward (4)-lock R behind L (&) (9.00)
5&6-7&8 Rock R forward(5)-recover on L(&)- step R back (6)- Rock L back(7)- recover on R (&)- step L forward (8)

RESTART HERE ON WALL 3& 6&10

SESSION 3: CROSS ROCK- RECOVER L &R - PIVOT 2X

1&2-3&4 Cross R over L (1)- recover on L(&) - step R to side(2)- cross L over R(3) – recover on R (&)-step L to side(4)
5-6 Step R forward- turn ½ L ,step L in place
7-8 = 5-6 do the same step

SESSION 4: TOUCH IN PLACE R,L- TOUCH TO SIDE R,L- SLIDE - DRAG- SHIMMY

1&2&3&4& Touch R beside L (1)- drop R heel (&) Touch L beside R(2)- drop L heel (&) Touch R to side (3)- step R beside L(&) Touch L to side (4)- step L beside R(&)
5-6 slide R to side(5)- drag L onto R(6)
7-8 Shimmy shoulder

PART B :

Session 1=3

SYNCOPATED WEAVE TO L -SYNCOPATED JAZZ BOX TURN 1/4

12&3&4 Cross R over L- step L to side- cross R behind L (&)- step L to side(3) – cross R over L (&)- touch L to side(4)
5&6&7&8 Cross L over R-turn 1/4 L, step R back- step L to side- Cross R over L- touch L to side

Session 2=4

SYNCOPATED WEAVE TO R- JAZZ BOX TURN 3/4

1-2&3&4 Cross L over R- step R to side- cross L behind R- step R to side – cross L over R- touch R to side
5-6-7-8 cross R over L – turn ¼ R, step L back- turn ½ R, step R forward- step L together

TAG 4C AFTER PART B (facing 3.00)

1-2-3-4 Step R forward- touch L beside R, Turn ¼ L, step L to side- touch R beside L (facing 12.00)

Lets do the dance with happiness

Our best regard to all of you

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