La Bomba

拍數: 32 **牆數:** 4 **級數:** Easy Intermediate
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音樂: La Bomba - Coco Caribe

Intro: 42 count

S1. VAUDEVILE, SYNCOPATED CROSS SHUFFLE WITH SAMBA TEMPO

1&2&	Cross R over L – Step L to side – Touch R toes diagonal forward – Step R together (12:00)
3&4&	Cross L over R – Step R to side – Touch L toes diagonal forward – Step L together (12:00)
5 a6	Cross R over L – Step L to side – Cross R over L (12:00)
a7 a8	Step L to side Cross R over L – Step L to side – Cross R over L (12:00)

S2. SAMBA WHISK, CROSS SHUFFLE WITH SAMBA TEMPO, TURN 1/2 RIGHT CROSS SHUFFLE WITH SAMBA TEMPO, SIDE MAMBO

1 a2	Step L to side – Rock R behind L – Cross L over R (12:00)
a 3	Step R to side – Cross L over R
a 4	Step R to side – Cross L over R (12:00)
5 a6	Turn 1/2 right cross R over L (6:00) – Step L to side – Cross R over L
7&8	Rock L to side – Recover on R – Step L together (6:00)

S3. STATIONARY SAMBA WHISK FORWARD, STATIONARY SAMBA WHISK TO SIDE

1 a2	Step R forward – Step L together – Step R in place (6:00)
a3 a4	Step L in place – Step R in place – Step L in place - Step R in place
5 a6	Step L to side – Step R together – Step L in place
7 a8	Step R to side – Step L together – Step R in place (6:00)

S4. VOLTA TURN 1/4 LEFT, VOLTA TURN 1/2 RIGHT, PUSH FORWARD WITH HIPS BUMPS, RECOVER, PUSH BACK WITH HIPS BUMPS

1 a2	Turn 1/4 left cross L over R – Step R to side – Step L forward (3:00)
3 a4	Turn 1/4 right cross R over L (6:00) – Step L to side – Turn 1/4 right step R forward (9:00)
5 a6	Push L forward bump hips forward – Bump hips back – Bump hips forward (While doing this weight on R)
a7 a8	Recover on R - Push L back bump hips back – Bump hips forward – Bump hips back (While doing this weight on L) (9:00)

REPEAT

RESTART : On wall 6 & 7 after 16 count

TAG 1 (2 count) : End of wall 2, on wall 3 & 8 after 16 count

1-2	Touch R to side – Touch R together

TAG 2 (4 count) : End of wall 1 & 5

1-4	Touch R to side – Touch R together – Touch R to side – Touch R together

TAG 3 (8 count) : End of wall 4

1-4	Touch R to side – Touch R together – Touch R to side – Step R together
5-8	Touch L to side – Touch L together – Touch L to side – Step L together

For more info about step sheet & song, please contact:
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