

# La Bomba

拍數: 32                      牆數: 4                      級數: Easy Intermediate  
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音樂: La Bomba - Coco Caribe



Intro: 42 count

## S1. VAUDEVILLE, SYNCOPATED CROSS SHUFFLE WITH SAMBA TEMPO

1&2&                      Cross R over L – Step L to side – Touch R toes diagonal forward – Step R together (12:00)  
3&4&                      Cross L over R – Step R to side – Touch L toes diagonal forward – Step L together (12:00)  
5 a6                      Cross R over L – Step L to side – Cross R over L (12:00)  
a7 a8                      Step L to side Cross R over L – Step L to side – Cross R over L (12:00)

## S2. SAMBA WHISK, CROSS SHUFFLE WITH SAMBA TEMPO, TURN 1/2 RIGHT CROSS SHUFFLE WITH SAMBA TEMPO, SIDE MAMBO

1 a2                      Step L to side – Rock R behind L – Cross L over R (12:00)  
a 3                      Step R to side – Cross L over R  
a 4                      Step R to side – Cross L over R (12:00)  
5 a6                      Turn 1/2 right cross R over L (6:00) – Step L to side – Cross R over L  
7&8                      Rock L to side – Recover on R – Step L together (6:00)

## S3. STATIONARY SAMBA WHISK FORWARD, STATIONARY SAMBA WHISK TO SIDE

1 a2                      Step R forward – Step L together – Step R in place (6:00)  
a3 a4                      Step L in place – Step R in place – Step L in place - Step R in place  
5 a6                      Step L to side – Step R together – Step L in place  
7 a8                      Step R to side – Step L together – Step R in place (6:00)

## S4. VOLTA TURN 1/4 LEFT, VOLTA TURN 1/2 RIGHT, PUSH FORWARD WITH HIPS BUMPS, RECOVER, PUSH BACK WITH HIPS BUMPS

1 a2                      Turn 1/4 left cross L over R – Step R to side – Step L forward (3:00)  
3 a4                      Turn 1/4 right cross R over L (6:00) – Step L to side – Turn 1/4 right step R forward (9:00)  
5 a6                      Push L forward bump hips forward – Bump hips back – Bump hips forward (While doing this weight on R)  
a7 a8                      Recover on R - Push L back bump hips back – Bump hips forward – Bump hips back (While doing this weight on L) (9:00)

REPEAT

RESTART : On wall 6 & 7 after 16 count

TAG 1 (2 count) : End of wall 2, on wall 3 & 8 after 16 count

1-2                      Touch R to side – Touch R together

TAG 2 (4 count) : End of wall 1 & 5

1-4                      Touch R to side – Touch R together – Touch R to side – Touch R together

TAG 3 (8 count) : End of wall 4

1-4                      Touch R to side – Touch R together – Touch R to side – Step R together

5-8                      Touch L to side – Touch L together – Touch L to side – Step L together

For more info about step sheet & song, please contact:

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