

Movin' Cha Cha

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Beginner
編舞者: Katherine Lee (SG) - May 2020
音樂: Moving On Up - M People



Starts with Right foot / Intro : 6x8 - * for our stay home friends with space constraint at home.*
1 or 4 wall dance.

Option for 4 wall dance - Sec2: count 6 - Side make a 1/4 R-turn (3:00).

* Restarts : up to 16 counts at Wall 4.

S1: Cross rock, side Chasse

123&4 RF cross rock, LF recover, RF side Chasse,

567&8 LF cross rock, RF recover, LF side Chasse.

S2: Forward, pivot ¼ Left turn, cross shuffle, ¼ Right turn, side, cross shuffle

123&4 RF forward, pivot ¼ L-turn(9:00), RF cross shuffle,

567&8 LF step back make ¼ R-turn(12:00), RF side, LF cross shuffle.

S3: Side rock, Cha Cha Cha in place x 2

123&4 RF side rock, LF recover, Cha Cha Cha in place (R,L,R)

567&8 LF side rock, RF recover, Cha Cha Cha in place (L,R,L)

S4: Rock forward, back Shuffle, rock back, forward Shuffle.

123&4 RF rock forward, LF recover, RF back shuffle,

567&8 LF rock back, RF recover, LF forward shuffle.

Keep Active! Keep Dancing!

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