

I Called Mama!

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Stephen Paterson (AUS) - May 2020
音樂: I Called Mama - Tim McGraw : (Single)



Start dance after 16 count instrumental intro - 3 easy restarts,

[1-8] Step R Side, Behind, Quarter, Step, Pivot Quarter, Weave Cross, Side, Behind, Side, Cross Rock, Recover, Quarter Forward

- 1 2 & Step right out to side, step left behind right, turn 1/4 right then step right forward (&) 3.00
3 4 Step left forward, pivot 1/4 right taking weight onto right in place 6.00
5 & 6 & Step left across right, step right out to side (&), step left behind right, step right out to side (&)
7 8 & Rock step left across right, recover back onto right in place, turn 1/4 left then step left forward (&) 3.00

[9-16] Sweep Forward, Sweep Forward, Rock Forward, Recover Sweep, Behind, Side Rock, Recover, Behind, Quarter Forward, Forward

- 1 2 Slight sweep right before stepping right forward, slight sweep left before stepping left forward
3 4 Rock step right forward, recover back onto left in place sweeping right out to side 3.00
5 & 6 & Step right behind left, rock step left out to side (&), recover onto right in place, step left behind right (&)
7 8 Turn 1/4 right then step right forward, step left forward 6.00

[17-24] Pivot Three Eighths, Forward, Mambo Rock, Touch Back, Quarter, Back, Rock Back, Recover

- 1 2 Pivot 3/8 taking weight onto right in place, step left forward,
3 & 4 Rock step right forward, recover back onto left in place (&), step right back (mambo rock) 10.30
5 & 6 Touch ball of left foot back, turn 1/4 left taking weight onto right in place (&), step left back 7.30
7 8 ** Rock step right back, recover forward onto left in place ** (restart here on wall 5) 7.30

[25-32] Eighth Nightclub Basic, Quarter Forward, Three Quarter Cross Rock, Recover, Side, Cross Rock, Recover, Quarter Forward

- 1 2 & Turn 1/8 left then step right out to side, rock step left behind right, recover weight onto right in place (&) 6.00
3 4 & Turn 1/4 left then step left forward, turn 1/2 left then step right back, turn 1/4 left then step left out to side 6.00
5 6 & Rock step right across left, recover weight back onto left in place, step right slightly out to side (&)
7 8 & Rock step left across right, recover weight back onto right in place, turn 1/4 left the step left forward (&) 3.00

[33-41] Step, Half Pivot, Forward, Full Turn, Forward, Rock Forward, Recover, Back, Quarter, Side Shuffle

- 1 2 Step right forward, pivot 1/2 left taking weight onto left in place 9.00
3 & 4 Step right forward, turn 1/2 right then step left back (&), turn 1/2 right then step right forward (full turn) 9.00
& 5 6 7 Step left slightly forward (&), rock step right forward, recover weight back onto left in place, step right back
8 & 1 Turn 1/4 left then step left out to side, step right beside left (&), step left out to side (left side shuffle) 6.00

[42 – 48] Touch Across, Full Unwind, Side, Together, Nightclub Basic Right, Nightclub Basic Left

- 2 3 Touch right across left, full unwind left keeping weight on right in place
4 & *** Step right out to side, step left beside right (&)* (restart here on walls 1 and 3)

- 5 6 & Step right out to side, rock step left behind right, recover weight onto right in place (&)
(nightclub basic R)
- 7 8 & Step left out to side, rock step right behind left, recover weight onto left in place (nightclub
basic L)

RESTARTS:

***** On walls 1, and 3 dance up to count 44& and restart to the back (omitting the 2 nightclub basics)**

**** On wall 5, dance up to count 24, then turn 1/8 left, restarting to the back wall**

ENDING: On last wall, dance up to count 16, then pivot 1/2 right to finish to the front.

This is an original dance sheet, feel free to copy without change for distribution

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