

Hening

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Rossana HB (INA) - March 2020
音樂: Hening - Chrisye



Start On Vocal

Section 1 (1 - 8) : Rock Step, Behind Side Point, Full Turn, Chasse

1 2 3&4 Rock LF to L (1), Recover on RF (2), Step LF behind RF (3), Step RF to R (&), Step Point LF beside RF (4),
5 6 Make ¼ turn L stepping LF forward (5), Make ¾ turn around L stepping RF (6),
7&8 Step LF to L (7), Close RF beside LF (&), Step LF to L (8)

Section 2 (9 - 16) : Cross Rock, Chasse, Cross Rock, Chasse

1 2 3&4 Cross RF over LF (1), Recover LF (2), Step RF to R (3), Close LF beside RF (&), Step RF to R (4)
5 6 7&8 Cross LF over RF (5), Recover LF (6), Step LF to L (7), Close RF beside LF (&), Step LF to L (8)

Section 3 (17 - 24) : Rock Forward, ½ Turn Right Shuffle, ¼ turn Pivot, Behind Side Touch

1 2 3&4 Rock forward RF (1), Recover on LF (2), Step RF to R with 1/2 turn (06.00) (3), Close LF beside RF (&), Step RF to R (4),
5 6 7&8 Step LF Forward (5), Turn R ¼ stepping RF to R (weight on RF) (06.00) (6), Step LF behind RF (7), Step RF to R (&), Touch LF beside RF(09.00) (8)

Section 4 (25 - 32) : ¼ turn Forward, Touch, Step Backward, Touch, ¼ turn Sailor Step, Forward Mambo

1 2 3 4 Turn L ¼ stepping LF to L (06.00) (1), Touch RF beside LF (2), Step Backward RF (3), Touch LF beside RF (4)
5&6 Step back LF behind RF (5), turn L ¼ stepping RF slightly to R (&), Step LF small step to L (6) 3.00,
7&8 Rock forward on RF (7), Recover on LF (&), Step Back on RF (8)

Restart : On Wall 7 (06.00) - After 16 counts

Enjoy the dance!

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