

Control of Me

拍數: 32 牆數: 2 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - May 2020
音樂: Control of Me - RIELL : (iTunes)



(Intro: 16 counts, approx. 15 sec)

[S1] LR Anchor Back-Sweep-Hitch, Back w/ Drag, 1/4R Fwd-1/4R Back, Back w/ Drag, 1/2L-1/2L-1/4L-Bend

- 1&2& Anchor step L behind R, Replace weight on R, Step back on L and sweeping R around L, Hitch R knee to the side
- 3&4& Anchor step R behind L, Replace weight on L, Step back on R and sweeping L around R, Hitch L knee to the side
- 5 6& Step back on L and dragging R close to L, Make a 1/4 turn right stepping forward on R, Make a 1/4 turn right stepping back on L (6:00)
- 7 8& Step back on R and dragging L close to R, Make a 1/2 turn left stepping forward on L, Make a 1/2 turn left stepping back on R
- a-1 Make a 1/4 turn left stepping L to the side, Pull R close to L (touching R next to L) and turn your upper body to the left (3:00)

[S2] 1/4R Fwd w/ Hitch 1/4R, Fwd, Fwd-Together, Point-Hitch-1/4L Together, Side, 1/2L Back w/Sweep-Knee Hitch

- 2&3 Make a 1/4 turn right stepping forward on R, Make a 1/4 turn right on ball of R foot while hitching L foot, Step forward on L (9:00)
- 4& Step forward on R, Step forward on L
- 5&6 Sharp point R to the right, Hitch R knee, Make a crisp 1/4 turn left on L foot stepping R together (6:00)
- 7 8& Big step L to the side, Make a 1/2 turn left stepping back on R sweeping L around, Hitch L knee to the side** (12:00)

[S3] Rock Back, Diamond 3/4R Waltz, Back w/ 1/2R Sweep, Coaster Step, Fwd-Fwd-Cross 1/4L w/ Point

- 1 Rock/step back on L prep for diamond turn
- 2&a Make a 1/8 turn right stepping forward on R, Make a 1/8 turn right stepping L next to R, Step R in place (3:00)
- 3&a Make a 1/8 turn right stepping back on L, Make a 1/8 turn right stepping R next to L, Step L in place (6:00)
- 4&a Make a 1/8 turn right stepping forward on R, Make a 1/8 turn right stepping L next to R, Step R in place (9:00)
- 5 Step slightly back on L and making a 1/2 turn right sweeping R around L (3:00)
- 6&7 Step back on R, Step L next to R, Step forward on R
- 8&a Step forward on L, Step forward on R, Make a 1/4 turn left cross L over R
- 1 Sharp point R to the right (12:00)

[S4] Fwd w/Hitch 1/2R, Side Rock-Cross, R Side Roll into Reverse 3/4L into Fwd Rock

- 2& Step forward on R, Hitch L foot making a 1/2 turn right on ball of R foot (6:00)
- 3&4 Rock L to the side, Recover weight on R, Cross L over R
- 5&6 Make a 1/4 turn right stepping forward on R, Make a 1/2 turn right stepping back on L, Make a 1/4 turn right stepping R to the side (side rock/ prep for reverse turn)
- &7 Make a 1/4 turn left stepping forward on L, Step forward on R and making a 3/4 turn left to the back wall (6:00)
- 8& Rock forward on L, Recover/step back on R (6:00)

Restart on Wall 1 count 16** (12:00) and Wall 5 count 16** (6:00)

TAG: 2 counts Tag: End of Wall 2 (6:00) – Step back on L (1), Step back on R (2)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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