

Catch Beginner

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Catch - Brett Young



Intro: 32 Counts No Tags! No Restarts!

RUMBA BOX

1,2,3,4 Step right to side, step left together, step right forward and hold
5,6,7,8 Step left to side, step right together, step left back and hold

LOCK STEPS BACK, MAMBO

1,2,3,4 Step right back, lock left in front of right, step right back and hold
5,6,7,8 Rock left back, recover right, step left forward and hold

SIDE STEPS WITH ¼ TURN, MAMBO

1,2,3,4 Step right to side, step left together, step right with a ¼ turn and hold.
5,6,7,8 Rock to left side, recover right, step left next to right and hold

NIGHTCLUBS

1,2,3,4 Step right to side, hold, rock back left and recover right
5,6,7,8 Step left to side, hold, rock back right and recover right

ENJOY!

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