

Almost Love

拍數: 128 牆數: 1 級數: Phrased Improver
編舞者: Wiwied (INA) - May 2020
音樂: Almost Love - Sabrina Carpenter



START ON VOCAL :

Sequence: A,B,C,D ,A,B,C,D , B (16 count) , C, tag(8 count) , D (16 count) , A (16 count)

A : 32 count

Session A1 : walk, forward Touch ,walk, backward Touch

1 - 2 step R forward , step L forward
3 - 4 Step R forward , Touch L To side
5 - 6 Step R back, step L back
7 - 8 Step R back, touch R to side

Session A2 : Rock Side (R- L - R) , Cross Rock,Side chasse, turn 1/4 Left

1 Step R beside L jump Left push step R beside L
2 Step L beside R Inplace
& 3 Step L close R , step L beside R jump Right Push step L beside R
4 Step L close R
5-6 Step L open beside R , Step L inplace
7 - 8 Step L forward R , Turn 1/4 L

Session A3 : cross Rock + kick ball touch + kick ball Touch

1-2 Step R Diagonal forward L ,step L BackWard R
3 - 4 Step L Diagonal forward R, step R backward L
5 & 6 kick R forward close R beside L touch L to side
7 & 8 Kick L forward close L beside R touch R to side

Session A4 : Forward Lock Suffle,Pivot 1/2 turn R, Forward lock Suffle,pivot 1/4 turn L

1-2 Step R forward cross L behind R, step R forward
3 - 4 step L forward turn 1/2 L , Recover to R
5 - 6 Step L forward cross R behind L,step L forward
7 - 8 Step R forward turn 1/4 L (weight on L)

B : 32 Count

Session B1 :Forward Side touch Sailor couster step, Turn 3/4 Right , Couster step

1 - 2 Step R Forward , Turn 1/4 R beside L
3 & 4 Turn 1/4 L Touch R to side, forward R to L
5 - 6 Turn 1/2 L forward L to R
7 & 8 step L backward , step R close back to L, step R forward

Session B2 : Reserve Direction session 1

1 - 2 Step R forward , turn 1/4 L beside R
3 & 4 Turn 1/4 R Touch L to side , forward L to R
5 - 6 Turn 1/2 R forward R to L
7 & 8 Step R backward , step L close back to R ,step L forward

Session B3 : Grapevine - touch -Grapevine touch.

1 - 2 Step R to side ,cross L behind R
3 - 4 Step R to side ,Touch L beside R
5 - 6 Step L to Side, cross R behind L
7 - 8 Step L to Side ,touch R behind L

Session B4 : Diagonal Forward touch , Diagonal forward touch

1 - 2 Step R diagonal Forward ,step L touch to R
3 - 4 Step R diagonal forward , step L touch to R
5 - 6 Step L diagonal forward, step R touch to L
7 - 8 step L diagonal forward, step L touch to R

C = 32 count

Session C1 :(Camel) forward x2 , Hip Roll, Sigle step

1 - 2 -3-4 step R forward L ,hip touch L, step R forward L, hip touch L
5 - 6 - 7 -8 Step L forward R,hip touch R, Step L forward R, hip touch R

Session C2 : Hip Roll , Sigle step

1-2-3-4 Step R Inplace ,Padle turn beside L, Step R inplace, padle turn beside L
5-6-7-8 Step R beside L, Step L Close,Step L beside R, step R Close=

Session C3 : Walk back

1-2-3-4 step R backward L ,step L backward R , Step R backward L ,step L backward R.
5-6-7-8 step R Forward L, step R close L , step L forward R , Step L close R

Session C4 : Hip Roll ,Sigle step

1-2-3-4 Step R inplace ,full padle beside L, Step R inplace, full padle beside L
5-6-7-8 Step R beside L, step L close, Step L beside R, step L close.

D =32 Count

Session D1 : Padle full Turn Hip Down and Up

1&2&-&7&8 Turn 1/8 Left Hip down and up step R beside L close

Session D2 : Padle full Turn Hip Down and Up

1&2&-&7&8 Turn 1/8 Right Hip Down and up step L beside R close

Session D3: Padle Turn Hip Down and Up

1&2&-&7&8 Turn 1/8 Left Hip down and up step R beside L close

Session D4 : step back,Body wave

1-2 Step R back hip up , hip down
3-4 Step L back hip up ,hip down
5-6 Step R forward L, step L forward R
7&8 body wave

Tag : 8 Count

1-8 walk R ,walk L turn 1/8,walk R ,walk L turn 1/8, walk R ,walk L turn 1/8, walk R,walk I turn 1/8
close.

Happy Enjoy Dance

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