

Going Back West EZ

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Heidi Cronjé (SA) - March 2020
音樂: Going Back West - Boney M. : (4:16)



Intro: 50 Counts

SECTION 1: SIDE, BEHIND, R COASTER STEP, SIDE, BEHIND, L COASTER STEP

1-2 Step R side, Cross L behind R
3&4 Step R back, Step L together, Step R fwd
5-6 Step L side, Cross R behind L
7&8 Step L back, Step R together, Step L fwd

*** Restart during Wall 8

SECTION 2: R SHUFFLE, BACK ROCK, RECOVER, L SHUFFLE, BACK ROCK, RECOVER

1&2 Step R side, Step L together, Step R side
3-4 Rock L back, Recover R
5&6 Step L side, Step R together, Step L side
7-8 Rock R back, Recover L

SECTION 3: ¼ R MONTERY TURN, POINT, TOGETHER, ¼ R MONTERY TURN, POINT, TOGETHER

1-2 Point R side, Turn ¼ R and step R together
3-4 Point L side, Step L together
5-6 Point R side, Turn ¼ R and step R together
7-8 Point L side, Step L together

SECTION 4: ½ L PIVOT X 2 (EASIER OPTION: ROCKING CHAIR), ¼ R JAZZ BOX CROSS

1-2 Step R fwd, ½ Pivot turn L
Easier option: Rock R fwd, Recover L
3-4 Step R fwd, ½ Pivot turn L
Easier option: Rock R back, Recover L
5-6 Cross R over L, Step L back
7-8 Turn ¼ R and step R side, Cross L over R

Start Again. Have fun and Enjoy!

Restart: During Wall 8 (facing 03:00), Restart after Section 1; 8 counts

Contact – email: linedanceriversdal@gmail.com

Thank you Riekie Coetzer (Rhythmic Thunder line dancer) for suggesting the music