

I Will Survive

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Beginner
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音樂: I Will Survive - Demi Lovato



Intro: 32 count

S1. ROCK, RECOVER, COASTER STEP

1-2 Rock R forward – Recover on L (12:00)
3&4 Step R back – Step L together – Step R forward
5-7 Rock L forward – Recover on R
3&4 Step L back – Step R together – Step L forward (12:00)

S2. V STEP, MONTEREY

1-4 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together (12:00)
5-8 Touch R to side – Step R together – Touch L to side – Step L together (12:00)

S3. SIDE ROCK, CROSS SHUFFLE

1-2 Rock R to side – Recover on L (12:00)
3&4 Cross R over L – Step L to side – Cross R over L (12:00)
5-6 Rock L to side – Recover on R
3&4 Cross L over R – Step R to side – Cross L over R (12:0)

S4. VINE RIGHT AND LEFT OR ROLLING VINE

1-4 Step R to side – Cross L behind R – Step R to side – Touch L together (12:00)
5-8 Step L to side – Cross R behind L – Step L to side – Touch R together (12:00)

Option : For Improver/Advance Dancer, S.4 could be done as a Rolling Vine

1-4 Turn $\frac{1}{4}$ right step R forward – Turn $\frac{1}{2}$ right step L back – Turn $\frac{1}{4}$ right step R to side – Touch L together
5-8 Turn $\frac{1}{4}$ left step L forward – Turn $\frac{1}{2}$ left step R back – Turn $\frac{1}{4}$ left step L to side – Touch R together

S5. KICKS, COASTER STEP

1-2 Kick R forward – Kick R to side (12:00)
3&4 Step R back – Step L together – Step R forward
5-6 Kick L forward – Kick L to side
7&8 Step L back – Step R together – Step L forward (12:00)

S6. SIDE, TOGETHER, BACK LOCK SHUFFLE, SIDE TOGETHER, FORWARD LOCK SHUFFLE

1-2 Step R to side – Step L together (12:00)
3&4 Step R back – Lock L over R – Step R back
5-6 Step L to side – Step R together
7&8 Step L forward – Lock R behind L – Step L forward (12:00)

S7. PADDLE TURN 1/4 LEFT (2X), BOTAFOGO

1-4 Step R forward – Turn $\frac{1}{4}$ left – Step R forward – Turn $\frac{1}{4}$ left (6:00)
5&6 Cross R over L – Rock L to side – Recover on R
7&8 Cross L over R – Rock R to side – Recover on L (6:00)

S8. PIVOT 1/2 TURN LEFT, FORWARD LOCK SHUFFLE, PIVOT 1/2 TURN RIGHT, FORWARD LOCK SHUFFLE

1-2 Step R forward – Turn 1/2 left (12:00)
3&4 Step R forward – Lock L behind R – Step R forward
5-6 Step L forward – Turn 1/2 right (6:00)
7&8 Step L forward – Lock R behind L – Step L forward (6:00)

REPEAT

TAG (8 count) : End of wall 4

1-4 Step R to side – Hold – Step L in place – Hold (During this 4 count, do your own arm sttle)
5-8 Raise your hands from side to up slowly within 4 count palm up

ENDING : On wall 7 after 40 count, Step R forward and "POSE"

For more info about step sheet & song, please contact:

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