

Birthday Dress

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Belle Lee (MY), EWS Winson (MY), Jaszmine Tan (MY) & Zoey Ng (MY) - May 2020
音樂: Birthday Dress - Charlie Wilson



Intro: 32 counts in (approx. 0.23 sec)

#1 (1-8) R-L Forward Walk, R Kick, R-L Out Steps, R-L Figure 'C' Side Hip Bumps

1-2 Walk forward RF (1), LF (2) 12.00
3&4 Kick RF forward (3), step RF to R side (&), step LF to L side (4) 12.00
5&6& Bump hips to R side (5), bump hips to L side (&), bump hips to R side (6), bump hips to L side (&), 12.00
7&8 Bump hips to R side (7), bump hips to L side (&), bump hips to R side (8)
- make the hip bumps go up and down - imagine drawing a letter 'C' (weight ends on RF) 12.00

#2 (9-16) L Sailor Step, R Sailor ¼ (R) with R Forward, L Forward Press, R Recover with L Forward Kick, L Coaster Step

1&2 Cross LF behind RF (1), step RF to R side (&), step LF to L side (2) 12.00
3&4 Turn ¼ R crossing RF behind LF (3), step LF to L side (&), step RF forward (4) 3.00
5-6 Press LF forward with body slightly leaning forward (5), recover weight on RF while kicking LF forward (6) - body returns to original position 3.00
7&8 Step LF back (7), close RF beside LF (&), step LF forward (8) 3.00

#3 (17-24) R Grapevine with Heel Jack, L Hinge ½ Turning R, L Cross Shuffle

1-2& Step RF to R side (1), cross LF behind RF (2), step RF slightly back to R diagonal (&) 3.00
3&4 Touch L heel forward to L diagonal (3), close LF beside RF (&), cross RF over LF (4) 3.00
5-6 Turn ¼ R stepping LF back (5), turn ¼ R stepping RF to R side (6) 9.00
7&8 Cross LF over RF (7), step RF to R side (&), cross LF over RF (8) 9.00

#4 (25-32) Hip Roll, L Side Tap with Hips Pushed, Hip Roll, R Side Tap with Hips Pushed, R-L Back Attitude Walk

1-2 Step RF to R side while rolling hips from L to R in a big circle (1), tap L toes forward to L diagonal while pushing hips forward (2) 9.00
3-4 Step LF in place while rolling hips from R to L in a big circle (3), tap R toes forward to R diagonal while pushing hips forward (4) 9.00
5-8 Step RF back grinding L heel out to L side (5), step LF back grinding R heel out to R side (6), step RF back grinding L heel out to L side (7), step LF back grinding R heel out to R side (8) 9.00

#5 (33-40) R-L Kick Ball Point, R Forward Rock & Recover, R Back & L Drag, L Close

1&2 Kick RF forward (1), step RF in place (&), point L toes to L side (2) 9.00
3&4 Kick LF forward (3), step LF in place (&), point R toes to R side (4) 9.00
5-6 Rock RF forward (5), recover weight on LF (6) 9.00
7-8 Step RF back dragging L toes towards RF (7), close LF beside RF (8) 9.00

#6 (41-48) R-L 'V' Step, R&L Modified Jumping Jack, R Hitch, R Pivot ½ (L)

1-4 Step RF forward to R diagonal (1), step LF forward to L diagonal (2), step RF back (3), close LF beside RF (4) 9.00
5&6& Jump both feet apart with shoulder width (5), jump both feet in crossing LF over RF (&), jump both feet apart with shoulder width (6), jump both feet in while lifting R knee beside LF (&) 9.00

Easier option for 5&6& : R-L Heel Switches

7-8 Step RF forward (7), turn ½ L over L shoulder (8) 3.00

Tag: at the end of Wall 4 facing 12.00 o'clock. Then continue the dance from Section 5, facing 6.00 o'clock.

R Side & Clap, L Stomp, L Side, R Cross Rock & Recover, R Side, L Cross Rock & Recover, L Side

- 1&2 Step RF to R side clapping both hands for 3 counts (1-&-2)
- 3&4 Stomp LF beside RF for 2 counts (3-&), step LF to L side (4)
- 5&6 Cross rock RF over LF (5), recover weight on LF (&), step RF to R side (6)
- 7&8 Cross rock LF over RF (7), recover weight on RF (&), step LF to L side (8)

R-L Forward Walk, R Pivot ¼ (L), John Travolta's Movement

- 1-2 Step RF forward (1), step LF forward (2)
- 3-4 Step RF forward (3), turn ¼ L over L shoulder (4)
- 5-8 With feet apart: Point R index finger up to R diagonal (5), point R index finger down to L diagonal beside L hip (6), point R index finger up to R diagonal (7), point R index finger down to L diagonal beside L hip (8)

Clap, L Stomp, L Side, R Cross Rock & Recover, R Side, L Cross Rock & Recover, L Side

- 1&2 With feet apart: Clap both hands for 3 counts (1-&-2)
- 3&4 Stomp LF beside RF for 2 counts (3-&), step LF to L side (4)
- 5&6 Cross rock RF over LF (5), recover weight on LF (&), step RF to R side (6)
- 7&8 Cross rock LF over RF (7), recover weight on RF (&), step LF to L side (8)

R-L Forward Walk, R Pivot ¼ (L), John Travolta's Movement

- 1-2 Step RF forward (1), step LF forward (2)
 - 3-4 Step RF forward (3), turn ¼ L over L shoulder (4)
 - 5-8 With feet apart: Point R index finger up to R diagonal (5), point R index finger down to L diagonal beside L hip (6), point R index finger up to R diagonal (7), point R index finger down to L diagonal beside L hip (8)
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