

Yes, I'm Back

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Beginner
編舞者: Marla Wallace - May 2020
音樂: Back In Black - AC/DC



Intro – 8 ticks, and 32 count before you start the dance

(1x8) Hip Swings

- 1,2 Weight on left foot; Hip swing from left to right in a semi-circle back to front; Weight is on the right
- 3,4 Weight on right foot; Hip swing from right to left in a semi-circle back to front; Weight is on the left
- 5,6 Weight on left foot; Hip swing from left to right in a semi-circle back to front; Weight is on the right
- 7,8 Weight on right foot; Hip swing from right to left in a semi-circle back to front; Weight is on the left

(2x8) Cross and Point x 2, Forward; Cross and Point x 2, Backward

- 1,2,3,4 Weight is on the left; Moving forward, cross the right foot over the left; point the left foot; Cross the left foot over the right; point the right foot
- 5,6,7,8 Cross the right foot behind the left foot, point the left foot; Cross the left foot behind the right foot, point the right

(3x8) Right V, step and a tap; Left V, step and a tap

- 1,2,3,4 Move right foot on a diagonal from point position to front; Move left foot on a diagonal so that it is next to the right foot; Right foot goes back; Left foot moves back next to the right foot while left toes touch the floor
- 5,6,7,8 Move left foot on a diagonal from point position to front; Move right foot on a diagonal so that it is next to the left foot; Left foot goes back; Right foot moves back next to the left foot while right toes touch the floor

(4x8) Skate, Skate, shuffle right; Skate, Skate, shuffle left

- 1,2,3&4 Twist diagonal right and step on the right foot; Twist diagonal left and step on the left foot; Twist diagonal right again; Right, left, right
- 5,6,7&8 Twist diagonal left and step on the left foot; Twist diagonal right and step on the right foot; Twist diagonal left again; Left, right, left

(5x8) Right Jazz Square; Right Jazz Square, ¼ turn

- 1-8 Cross right foot in front of left; left foot back; step right foot to the right side; step down left; step right over left; quarter turn to the right at the same time moving left foot back; step down right; step down left

(6x8) Vine right, with a hitch; Vine left with a scuff

- 1-8 Step to the right off the right side; Step to the left behind the right foot; Step the right out to the right side; left knee hitch (left knee bends, foot comes off the floor); left foot down; step left to the left side; right foot crosses behind the left foot; step the left foot to the left side; scuff right foot (slide heel of right foot forward across the floor, lifting foot off floor and the end of the motion)

(7x8) 1 Rocking chair; 2 Pivot turns

- 1-8 Raise right foot forward, rock forward so that weight is on the right foot; Rock back and recover to the left foot; Raise right foot to the rear, rock behind so that weight is on the right foot; Rock forward and recover to the left foot; Step forward right, weight on the balls of both feet; ½ pivot turn to the left; step forward right, weight on the balls of both feet, ½ pivot turn to the left

(8x8) Jump up and Jump back; 4 Hip bumps

1 - 8 Hop forward, hold; hop back, hold; Move hips right, left, right, left
