

Disco Dazzle

COPPERKNOB
STEPSHEETS

拍數: 108 牆數: 2 級數: Phrased Improver / Intermediate
編舞者: Mona Gardner (USA) - May 2020
音樂: I Love the Nightlife - Scooter Lee : (Album: Puttin' on the Ritz)



Introduction: 40-counts

Format: ABB; ABB; A through Group 8 at 6:00 wall, B, B; A through Group 7, 1st triple-turn ending at 12:00 wall

(A)

Group 1 HEEL TOUCHES

1-2 R heel-touch forward and back diagonally
3-4 R heel-touch forward and back diagonally
5-6 L heel-touch forward and back diagonally
7-8 L heel-touch forward and back diagonally

Group 2: GRAPEVINE, BRUSH

1-2 Step side R, step L behind R
3-4 Step side R, brush L
5-6 Step side L, step R behind L
7-8 Step side L, brush R

Group 3: TRIPLE STEPS, ROCKING CHAIR

1&2 Triple R forward
3&4 Triple L forward
5-6 Rock forward R, recover L (Rocking Chair)
7-8 Rock back R, recover L

Group 4: PIVOT TURNS, ROCKING CHAIR

1-2 Step forward R, pivot turn L $\frac{1}{4}$
3-4 Step forward R, pivot turn L $\frac{1}{4}$
5-6 Rock forward R, recover L (Rocking Chair)
7-8 Rock back R, recover L

Group 5: CROSS WEAVE, POINT

1-2 Cross R over L, step side L
3-4 Cross R behind L, side point L
5-6 Cross L over R, step side R
7-8 Cross L behind R, side point R

Group 6: CROSS POINT

1-2 Cross R over L, forward
3-4 Cross L over R, forward
5-6 Cross R over L, forward
7-8 Cross L over R, forward

Group 7: ROCK-RECOVER, TRIPLE $\frac{1}{2}$, TRIPLE $\frac{1}{2}$, ROCK-RECOVER

1-2 Rock forward R, recover L
3&4 Turning R triple step $\frac{1}{2}$ turn (end here 4th time through at 12:00 wall)
5&6 Turning R triple step $\frac{1}{2}$ turn
7-8 Rock back R, recover L

Group 8: STEP, HEEL, STEP, CROSS (R and L)

1-2 Step R to side, touch L heel to diagonal
3-4 Step L next to R, cross R over L
5-6 Step L to side, touch R heel to diagonal
7-8 Step R next to L, cross L over R

(Begin B here, 3rd time through at 6:00 wall)

Group 9: HINGE

1-2 Rock side R, recover L
3&4 Cross R over L (cross and cross)
5-6 Step back L, turn 1/2, step R
7&8 Cross L over R (cross and cross)

Group 10: HINGE

1-2 Rock side R, recover L
3&4 Cross R over L (cross and cross)
5-6 Step back L, turn 1/2, step R
7&8 Cross L over R (cross and cross)

Group 11: HINGE

1-2 Rock side R, recover L
3&4 Cross R over L (cross and cross)
5-6 Step back L, turn 1/2, step R
7&8 Cross L over R (cross and cross)

(B)

Group 1: LINDY

1&2 Triple Side R
3-4 Step back L, recover R
5&6 Triple Side L
7-8 Step back R, recover L

Group 2: ROCKING CHAIR, TURNING JAZZ BOX

1-2 Step forward R, recover L
3-4 Step back R, recover L
5-6 Cross R over L, step back L
7-8 Turn R 1/4, step forward L

Group 3: SWAY

1-2 Sway hips R
3-4 Sway hips L

NOTE: Can also be performed to I Love the Nightlife by Alicia Bridges from Disco, Original Masters with some modifications. (Disco version)

Last Update - 7 Sept. 2020
