

# Moana

拍數: 64                      牆數: 2                      級數: Phrased Intermediate  
編舞者: Julee Hansel (INA) - May 2020  
音樂: How Far I'll Go - Auli'i Cravalho : (Album: Moana OST)



## \*1 Tag - No Restart

Phrase: A A B – Tag – C C D A A B – Tag – C C C C D

### SEQUENCE : A (16 Counts)

#### Section A1: 1/2 Turn & Sweep, Diagonal Rock (2x), Forward Rock & Turn

- 1 – 2 &                      Stepping L fwd while turning ½ to right & sweep R to back (6.00), step R behind L, step L to side.  
3 – 4 &                      Turn 1/8 to left step R fwd (4.30), recover on L, squaring & step R to side (6.00).  
5 – 6 &                      Turn 1/8 to right step L fwd (7.30), recover on R, squaring & step L to side (6.00).  
7 – 8                          Step R fwd, step L fwd.

#### Section A2: Forward Rock-Turn, 3 Steps Turn, Cross-Spiral with Hitch, Coaster Step

- 1 2 & 3                      Step R fwd, recover on L, turn ½ to right & step R fwd (12.00), step L fwd .  
4 & 5                          Turn ½ to left & step R to back (6.00), turn ½ to left & step L fwd (12.00), cross R over L (with flexible L knee preparing to turn on bold).  
6 - 7                          Step L on bold & turn ½ to right while hitching right knee (6.00), step R to back.  
& 8                              Step L to next to R, step R fwd.

### SEQUENCE B (16 Counts)

#### Section B1 (counted as the next wall) Full Diamond Fall Away

- 1 & 2                          Turn 1/8 to right & Step L fwd (1.30), step R fwd, turn 1/8 to right & step L to side (3.00).  
3 & 4                          Turn 1/8 to right & Step R to back (4.30), step L to back, turn 1/8 to right & step R to side (6.00).  
5 & 6                          Turn 1/8 to right & Step L fwd (7.30), step R fwd, turn 1/8 to right & step L to side (9.00).  
7 & 8                          Turn 1/8 to right & Step R to back (10.30), step L to back, turn 1/8 to right & step RF to side (12.00).

#### Section B2: Forward Step-Kick, Backward Step, Cross Behind, Slow Motion Turning

- 1 – 2                          Step L fwd, slowly kick R fwd.  
3 – 4                          Step R to back, cross L behind R on bold and bend the knees (prepare to turn on bold).  
5 – 8                          Turn ½ to L on bold on both feet (step on LF on the count of 8) (6.00).

(Tag : 4 counts after wall 3 & 9)

### SEQUENCE C (16 Counts)

#### Section C1 (counted as next wall) Pivot (3x), Syncopated Weave, Turn-Sweep

- 1 & 2 &                      Step R fwd, turn ½ to left recover on L (12.00), step R fwd, turn ½ to left recover on L (6.00).  
3 & 4                          Step R fwd, turn ¼ to left recover on L (3.00), cross R over L.  
5 – 6 &                      Slide L to side, cross R behind L, step L to side.  
7 – 8                          Cross R over L, turn ¼ to right & step L to back while sweeping R front to back (6.00).

#### Section C2: Coaster Step, Pivot-Cross, Walk Behind-Hitch, Recover

- 1 & 2                          Step R to back, step L next to R. Step R fwd.  
3 – 4                          Step L fwd, turn ½ to right & recover on R (12.00).  
5 – 6                          Cross L over R & bend both knees. Step R in place while hitching left knee,  
7 – 8 &                      Step L behind R while hitching right knee, step R behind L, recover on L.

### SEQUENCE D (16 Counts)

#### Section D1 (counted as the next wall) Diagonal Slide Touch (4x)

- 1 – 2 Turn 1/8 to left & slide R to side (10.30), drag L on bold next to R.
- 3 – 4 Turn ¼ to right & slide L to side (1.30), drag R on bold next to L.
- 5 – 6 Slide R to side, drag L on bold next to R.
- 7 – 8 Turn ¼ to left & slide L to side (1.30), squaring & drag R on bold next to L (12.00).

**Section D2: Turn, Unwind, Basic NC, Turn-Sweep**

- 1 – 2 Turn ¼ to right & step RF fwd (3.00), cross L over R & ¾ turn to R (12.00).
- 3 – 4 & Slide R to side, step L behind R, cross R over L.
- 5 – 6 & Slide L to side, step R behind L, cross L over R.
- 7 – 8 Turn ½ to right step R fwd while sweeping L back to front

**(Note: after the wall 6 continue to sweep L & then sweep R and start with the sequence A).**

**TAG (4 Counts)**

**Backward Step- Kick, Forward Step-Hold**

- 1 – 2 Step R to back & kick L
- 3 – 4 Step L, hold

**Happy Dancing - Life is Beautiful**

Contact me: [juleehansel@gmail.com](mailto:juleehansel@gmail.com), IG: [julee.hansel](#), FB: [Yulianti Gunawan](#)

---