

Baila Un Poquito

拍數: 32 牆數: 4 級數: Improver
編舞者: Gregory Danvoie (BEL) - April 2020
音樂: Mona Lisa - Rayelle



S1. Rock forward, Recover, Step-lock-step forward (X2)

1-2 RF rock forward, recover
3&4 RF step-lock-step
5-6 LF rock forward, recover
7&8 LF step-lock-step

S2. Step forward, Pivot ¼ turn (X2), Jazz box cross

1-2 RF step forward, pivot ¼ turn to the L
3-4 RF step forward, pivot ¼ turn to the L
5-6-7-8 RF jazz box cross

S3. Side, Touch, Side, Kick, Behind, Side, Cross shuffle

1-2 RF step to the side (dip down a little), LF touch to the diagonal
3-4 LF step to the side (dip down a little), RF kick to the diagonal
5-6 RF cross behind LF, LF step to the side
7&8 RF cross shuffle

S4. Side, Touch, Side, Kick, Behind, Step forward with ¼ turn, Step-lock-step forward

1-2 LF step to the side (dip down a little), RF touch to the diagonal
3-4 RF step to the side (dip down a little), LF kick to the diagonal
5-6 LF cross behind RF, RF step forward with ¼ turn to the R
7&8 LF step-lock-step

TAG : At 3rd & 5th wall after the second section : TAG

TAG : After de 7th wall : TAG

TS1. Step forward to the diagonal X2, Shuffle Forward to the diagonal (X2)

1-2 RF step forward to the diagonal (hands up to the R), LF step forward to the diagonal (hands up to the L)
3&4 RF shuffle forward to the diagonal (hands up down to the R)
5-6 LF step forward to the diagonal (hands up to the L), RF step forward to the diagonal (hands up to the R)
7&8 LF shuffle forward to the diagonal (hands up down to the L)

TS2. Step forward, Pivot ½ turn, Step forward, Pivot ¼ turn

1-2 RF step forward, pivot ½ turn to the L
3-4 RF step forward, pivot ¼ turn to the L
5-6-7-8 RF jazz box cross

TS3. Side rock, recover, Behind, Side, Cross, Side rock, Recover, Behind, Step forward with ¼ turn, Step forward

1-2 RF side rock, recover
3&4 RF cross behind LF, LF step to the side, RF cross in front of LF
5-6 LF side rock, recover
7&8 LF cross behind RF, RF step forward with ¼ turn to the R, LF step forward

TS4. Rock forward, Recover, Shuffle forward with ½ turn, Step forward, Pivot ½ turn, Step-lock-step forward

1-2 RF rock forward, recover
3&4 RF shuffle forward with ½ turn to the R

5-6 LF step forward, pivot ½ turn to the R
7&8 LF step-lock-step
