We are Warriors

拍數: 32

2 牆數:4

編舞者: Orsola Amoroso (UK) - May 2020

音樂: We Are Warriors - Avril Lavigne

No Tags Or Restarts.

BACK ROCK, ¼ RIGHT TURN, STEP, ½ PIVOT RIGHT, BACK ROCK

- 1&2 Rock right behind left, recover weight to left, Step right ¼ turn right.
- 3&4& Step left fwd pivot ½ right, slight pause on pivot, Rock back onto right, Recover weight to left.

CROSS & SIDE, CROSS & SIDE

- 5&6 Cross right over left, Step left to side, Step right to side
- 7&8 Cross left over right. Step right to side, Step left to side.

CROSS ¼ BACK, BACK ROCK ½ PIVOT RIGHT,

- 1&2 Cross right over left, Step left ¼ turn right, Step back right.
- 3&4 Rock back on left, Recover weight to right, Pivot ½ turn right

BACK ROCK ¼ PIVOT LEFT, COASTER CROSS.

- 5&6 Rock back onto right, Recover weight onto left, Step right ¼ turn right
- 7&8 Step back left, Close right beside left, Cross left over right

SWAY RIGHT, SWAY LEFT, BEHIND, SIDE CROSS,

- 1-2 Sway right, Sway left
- 3&4 Step right behind left, Step left to left, Cross right over left.

SWAY LEFT SWAY RIGHT, COASTER 1/4 LEFT.

1-2 Sway left, Sway right.

3&4 Step left behind right, Step right ¼ turn left, Step left beside right.

STEP 1/2 PIVOT LEFT, SHUFFLE 1/2 LEFT,

- 1-2 Step right forward, Pivot ¹/₂ turn left.
- 3-4 Shuffle ½ left stepping right, left, right.

BEHIND ¼ LEFT CROSS, SWAY RIGHT, SWAY LEFT.

- 1&2 Sweep left behind right, Step right ¼ turn left, Cross left over right.
- 3-4 Sway right, Sway left.

Quote from music publication Kerrang! : In light of the coronavirus pandemic and these strange and uncertain times that we're all living in, Avril Lavigne has re-recorded and renamed her 2019 song Warriors for charity. All net profits from "We Are Warriors" will to go Project Hope's COVID-19 relief efforts.





級數: