

# Let's Get Physical

COPPERKNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
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音樂: Physical - Dua Lipa



## Intro: #32 Counts

### S1: Diagonal Forward (Out-Out), Heels Bounce, Behind, 1/4Turn L & Forward, Forward, Pivot 1/2 L

1-2            Step R forward diagonal right, Step L forward diagonal left  
&3&4        Both Heels Up & down 2X.(end weight on to L)  
5-6            Step R behind L, 1/4turn L stepping L forward.  
7-8            Step forward on R, Pivot 1/2turn L weight onto L.

### S2: Forward, Kick, Back, Touch Toe, Push Hips (Forward – Back), Walk Forward (R-L)

1-2            Step Forward on R, Kick L forward.  
3-4            Step back on L, Touch L toe across R.  
5-6            Push hips/pelvis forward on balls of feet, Recover weight back onto L.  
7-8            Walk forward on R, Walk forward on L.

### S3: Rock Side/Recover, Together, Rock Side/Recover, Behind, 1/4Turn R & Forward, Forward, Pivot 1/4Turn R

1-2&         Rock R to right side, Recover on R, Step R next to L.  
3-4            Rock L to left side, Recover on R.  
5-6            Step L behind R, 1/4turn R stepping R forward  
7-8            Step forward on L, Pivot 1/4turn R weight onto R.

### S4: Together, Heels Switches, Back, Touch, Back, Touch

1-2&         Step L next to R, Touch R heel forward, Step R next to L.  
3&4         Touch L heel forward, Step L next to R, Touch R heel forward.  
5-6            Walk back on R, Touch L beside R.  
7-8            Walk back on L, Touch R beside L.

### Tag(8counts): At end of walls 2 (facing 6:00) & 4 (facing 12:00)

#### Out-Out-In-In, Side-Touch 2X

1-2            Step R out to right, Step L out to left.  
3-4            Step R to left center, Step L next to R  
5-6            Step R to right side, Touch L next to R.  
7-8            Step L to left side, Touch R next to L

Enjoy Dancing Always~!