

New Light

拍數: 32 牆數: 4 級數: Beginner
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音樂: New Light - John Mayer



Section 1: SIDE - STEP TOGETHER - FORWARD LOCK SHUFFLE - SIDE TOGETHER - FORWARD LOCK SHUFFLE

1 - 2 Step R to right side, Step L beside R
3 & 4 Step forward on R, Step L behind R, Step forward on R
5 - 6 Step L to L side, step R beside L
7 & 8 Step L forward, Step R behind L, Step forward on L

Section 2: GRAPEVINE - TOUCH

1 - 2 Step R to side, cross L behind R
3 - 4 Step R to R side, Touch L beside R
5 - 6 Step L to L side, step R cross behind L
7 - 8 Step L to L side, Touch R beside L

Section 3: 1/4 RIGHT JAZZ BOX - FLICK - FORWARD SHUFFLE

1 - 2 Step R cross L, Turn 1/4 R, Step back on L
3 - 4 Step R to Side, Step L together R
5 - 6 Touch R to side, Flick R behind L
7 & 8 Step R forward, Step L behind R, Step R forward

Section 4: PIVOT 1/2 - FORWARD LOCK SHUFFLE - PIVOT - CLOSE

1 - 2 Step L forward, Turn 1/2 Right Step R in place R
3 & 4 Step L forward, Step R behind L, Step L forward
5 - 6 Touch R forward, Turn 1/4 left Step L in place
7 - 8 Touch R forward, Turn 1/4 left Step L together R

BRIDGE: 32 counts

I. ANCHOR STEP-MONTEREY STEP

1 & 2 R step slightly behind L (3rd position), Recover on L, Recover R
3 & 4 L step slightly behind R (3rd position), Recover on R, Recover on L
5 - 6 Point R to R side, 1/4 turn R closing next to L
7 - 8 point L to L side, Close L together R

II. KICK FORWARD -KICK SIDE-BEHIND SIDE CLOSE

1 - 2 Kick R forward, Kick R to R side
3 & 4 Cross R behind L, Step L to L side, Close R together L
5 - 6 Kick L forward, Kick L to L side
7 & 8 Cross L behind R, Step R to R side, Close L together R

III. FORWARD MAMBO-SIDE MAMBO

1 & 2 Step R forward, Recover on L, Step back R
3 & 4 Step back L, Recover on R, Close L together R
5 & 6 Step R to R side, Recover on L, Close R together L
7 & 8 Step L to L side, Recover on R, Close L together R

IV. V STEP-HIP BUMP

1 - 2 Step forward diagonal R, Step forward diagonal L
3 - 4 Step back on R to centre, Step L together

5 - 6 Step R to R side bump hips R, bump hips R
7 - 8 Step L to L side bump hips to Left, bump hips to Left

NOTES : -

BRIDGE : 32 count

On wall 7 after 16 count

RESTART on wall 4 after 16 count

Happy Dance

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