

# Good On U

拍數: 60      牆數: 2      級數: Easy Intermediate  
編舞者: Diane Blairs (UK) - May 2020  
音樂: Good on You - Ward Thomas : (Album: Cartwheels)



**Intro: 24 Counts: Start on Vocals ('sorry') (No Tag or Restarts )**

**(SLOW SWEEPS) STEP BCK R SWEEP, STEP BCK L SWEEP.**

1 2 3      Step back on right sweep left,  
4 5 6      Step back on left sweep right.

**RIGHT SAILOR, ¼ LEFT SAILOR.**

1 2 3      Cross right behind left, step left slight to left side, step right to right Side.  
4 5 6      Cross left slight behind right, step right slight to right side, ¼ turn left Step fwd on left.

**RIGHT TWINKLE, LEFT TWINKLE.**

1 2 3      Cross right over left, step left to left side, recover on right,  
4 5 6      Cross left over right, step right to right side, recover on left.

**STEP, ½ TURN R, FULL TRIPLE LEFT, (ALT: RUN LRL FWD)**

1 2 3      Step forward on right, step fwd on left ½ turn right, (weight on right )  
4 5 6      Triple full turn left, (LRL) or run fwd (LRL)

**RIGHT TWINKLE, CROSS, SIDE, BEHIND.**

1 2 3      Cross right over left, step left to left side, step right to right side,  
4 5 6      Cross left over right, step right to right side, step left behind right.

**SWAYS RIGHT & LEFT.**

1 2 3      Sway right to right side,  
4 5 6      Sway left to left side.

**R BEHIND, ¼TURN L, STEP R FWD, BASIC FWD LEFT.**

1 2 3      Step right behind left, ¼ left step on left, step forward on right,  
4 5 6      Step forward on left, step right beside left, step left slightly back.

**BASIC BCK R, STEP ¼ LEFT, POINT R SIDE, HOLD.**

1 2 3      Step back on right, step left beside right, step forward on right,  
4 5 6      ¼ turn left step on left, point right to right side, HOLD.

**ROLLING TURN R, SWAY LEFT.**

1 2 3      Step on right, ½ turn right, step back on left, ½ turn right step right to right side.  
4 5 6      Sway left to left side, HOLD.

**CROSS R BEHIND, ¼ TURN LEFT, STEP FWD R, BASIC FWD LEFT.**

1 2 3      Cross right behind left, ¼ turn left step on left, step forward on right,  
4 5 6      Step forward on left, step right beside left, step slightly back on left.

**BEGIN AGAIN.**