

A Boy In A Polaroid

COPPERKNOB
BY SHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Marianne Lovendal (DK) - May 2020
音樂: Polaroid - Keith Urban : (Single - iTunes - 2:30)



#16 count intro.

*1 restart, easy ending

Sec. 1: Dorothy R and L, syncopated rock fwd R and L

1-2& R fwd to right diagonal (1), L lock behind R (2), R to right diagonal (&) (12:00)
3-4& L fwd to right diagonal (3), R lock behind L (4), L to left diagonal (&) (12:00)
5-6& Rock fwd R (5), recover on L (6), step R next to L (&) (12:00)
7-8& Rock fwd L (7), recover on R (8), step L next to R (&) (12:00)

Sec. 2: Rock, step 1/2 turn L, shuffle 1/2 turn L, Back back, Coaster step

1-2 Rock fwd on R (1), 1/2 turn (pivot) left step fwd on L (2) (6:00)
3&4 1/4 turn left step R to R (3), L next to R (&), 1/4 turn left step back on R (4) (12:00)
5-6 Walk back on L (5), Walk back on R (6) (12:00)
7&8 Step back on L (7), R next to L (&), step fwd on L (8) (12:00)

Restart Wall 5 after Sec. 2

Sec. 3: Cross rock, chasse 1/4 turn R, step 1/4 turn R, cross shuffle

1-2 Cross R in front of L (1), recover on L (3) (3:00)
3&4 R to right (3), L next to R (&), 1/4 turn right step fwd on R (4) (6:00)
5.6 Step fwd on L (5), 1/4 turn right, R to right side (6) (6:00)
7&8 Cross L in front of R (7), R to right side (&), cross L in front of R (8) (6:00)

Sec. 4: 2 Monterey 1/4 turn R

1-2 Point R to right side (1), 1/4 turn right step R next to L (2) (9:00)
3-4 Point L to left side (3), L next to R (4) (9:00)
5-6 Point R to right side (5), 1/4 turn right step R next to L (6) (12:00)
7-8 Point L to left side (7), L next to R (8) (12:00)

Sec. 5: Mambo, Kick Ball change, cross and Heel Jack V H

1&2 Rock fwd R (1), recover on L (&), step back on R (2) (12:00)
2&4 Kick L fwd (3), L next to R (&), R next to L (4) (12:00)
5&6& Cross L in front of R (5), R to right side (&), L Heel to left diagonal (6), L next to R (&) (12:00)
7&8& Cross R in front of L (7), L to left side (&), R Heel to right diagonal (8), R next to L (&) (12:00)

Sec. 6: Rock fwd, 1/4 turn L chasse, Rocking chair (look back)

1-2 Rock fwd L (1), recover on R (2) (12:00)
3&4 1/4 turn left step L to left side (3), R next to L (&), L to left side (4) (9:00)
5-6 Rock fwd on R (5), recover on L (6) (9:00)
7-8 Rock back on R and look back over R shoulder (7), Recover on L (8) (9:00)

Restart: Wall 5 after Sec. 2 (16 counts).

Ending: Wall 7 after Sec. 2 (16 counts), 1/4 turn R

Have fun and enjoy the dance and the music

