

# Ntombisani

拍數: 68      牆數: 0      級數: Phrased Low Intermediate  
編舞者: Karin van der Merwe (SA) - May 2020  
音樂: Jolene - Ndlovu Youth Choir



Start: 32 counts in on .27secs

Sequence: [A + Tag 1 12:00] [B: 3:00] [B: 12:00] [A: 9:00] [B: 9:00] [A: 6:00] [B: 6:00 + Tag 2: 3:00] [Ending: 12:00]

## DANCE A (CHORUS) - 36 counts

**(1-10): Toe switches with holds, heel switches, 2 x walks fwd, ½ pivot turn to L with sweep**

- 1, 2 &      (1) Point RF to R side, (2) Hold, (&) Replace RF next to LF  
3, 4 &      (3) Point LF to L Side, (4) Hold, (&) Replace LF next to RF  
5 & 6 &      (5) Touch R Heel fwd, (&) Replace R Heel beside L Heel, (6) Touch L Heel fwd, (&) Replace L Heel beside R Heel  
7, 8, 9, 10      (7) Step fwd RF, (8) Step fwd on LF, (9) Step fwd on RF, (10) Pivot turn ½ Left sweeping the LF around from front to back (6:00)

**(11-18): Sailor step x 2, steps fwd with side points**

- 1 & 2      (1) Step LF behind RF, (&) Step RF to R side, (2) Step LF to L side  
3 & 4      (3) Step RF behind LF, (&) Step LF to L side, (4) Step RF to R side  
5, 6      (5) Step fwd on LF, (6) Point RF to R side, click fingers or shimmy for styling  
7, 8      (7) Step fwd on RF, (8) Point LF to L side, click fingers or shimmy for styling (6:00)

**(19-28) 2 x walks with knee pops, touch fwd & back, 2 x walks forward, ½ pivot turn to R with sweep**

- & 1, 2      (&) Step LF fwd, (1) bring RF to LF popping R Knee as you bring it in, (2) Hold  
& 3, 4      (&) Step RF fwd, (3) bring LF to RF popping L Knee as you bring it in, (4) Hold  
5, 6      (5) Touch L heel fwd, (6) Touch L Toe back  
7, 8, 9, 10      (7) Walk fwd LF, RF, (8) Step fwd on LF, (9) Step fwd on LF, (10) Pivot turn ½ Right sweeping the RF around from front to back (12:00)

**(29-36) Sailor step x 2, steps fwd with side points**

- 1 & 2      (1) Step RF behind LF, (&) Step LF to L side, (2) Step RF to R side  
3 & 4      (3) Step LF behind RF, (&) Step RF to R side, (4) Step LF to L side  
5, 6      (5) Step fwd on RF, (6) Point LF to L side, click fingers or shimmy for styling  
7, 8      (7) Step fwd on LF, (8) Point RF to R side, click fingers or shimmy for styling (12:00)

## DANCE B (MAIN DANCE) - 32 counts

**(1-8) 2 x Walks back, RF coaster step, LF kick-ball-change, step, scuff**

- 1, 2, 3 & 4      (1) Step back on RF, (2) Step back on LF, (3) Step back on RF, (&) Close LF to RF, (4) Step fwd on RF  
5 & 6, 7, 8      (5) Kick LF fwd, (&) step onto the ball of the LF, (6) step RF fwd, (7) step LF fwd, (8) scuff the heel of the RF (3:00)

**(9-16) Modified vaudeville on RF, ¼ turn rolling grapevine to R**

- 1 & 2 & 3 & 4      (1) Cross RF over LF, (&) Step back on LF, (2) Touch RH to R diagonal, (&) Step RF next to LF, (3) touch L toe next to RF, (&) Step back on to LF, (4) Touch R Heel to R diagonal  
5, 6, 7, 8      (5) Step RF fwd into a ¼ turn R, (6) Step LF back into ½ turn R, (7) Step RF fwd into ½ turn R, (8) Close LF next to RF (6:00)

**(17-24) R hip bumps, 2 x Kickball points**

- 1 & 2 & 3 & 4      (1) Touch RF fwd and bump hips up, (&) down, (2) side, (&) in, (3) up, (&) down, (4) side, (&) in  
5 & 6      (5) Kick RF fwd, (&) Replace ball of RF next to LF, (6) Point LF to Left side

7 & 8 (7) Kick LF fwd, (&) Replace ball of LF next to RF, (8) Point RF to Right side (6:00)

**(25-32) ½ Pivot Left, R shuffle fwd, heel touch, toe touch, L shuffle fwd**

1, 2, 3 & 4 (1) Step fwd on RF, (2) Pivot ½ turn left recoving weight onto LF, (3) step fwd on RF, (&) close LF to RF in third position, (4) step fwd on R

5, 6, 7 & 8 (5) Touch L Heel fwd, (6) Touch L Toe back, (7) Step fwd on LF, (&) close RF to LF (3rd position), (8) Step fwd LF (12:00)

**Tag 1 - 16 counts (end of Dance A's 1st sequence)**

**(1-8) Charleston Step, jazz box ¼ turn R**

1, 2, 3, 4 (1) Touch R Heel fwd, (2) Step RF bac,, (3) Touch L Toe back, (4) Step LF fwd

5, 6, 7, 8 (5) Cross RF over LF, (6) Step back on LF starting ¼ turn to R, (7) Step RF to right side completing ¼ turn, (8) Step LF next to RF with weight onto it (3:00)

**(8-16) RF Rocking Chair, "V" Step**

1, 2, 3, 4 (1) Rock fwd on the RF, (2) Recover on to the LF, (3) Rock back on RF, (4) Recover fwd on the LF

5, 6, 7, 8 (5) Step fwd & out to R diagonal on RF, (6) Step fwd & out to L diagonal on LF (7) Step back to centre on RF, (8) Step back to centre and close LF next to RF (3:00)

**TAG 2 - 4 counts (end of Dance B's 3rd sequence)**

1, 2 (1) Step RF out to R side, (2) Step LF out to left side

3 & 4 & (Swivel Heels Alternatively) (3) Swivel R Heel out to Right Side, (&) Swivel it back in and recover weight onto RF, (4) Swivel L Heel out to Left Side, (&) Swivel it back in and recover weight onto LF,

**Ending: (18 counts until music stops)**

**Dance counts 1 – 8 of Dance A**

Then replace counts 9 & 10 (sweep) with following:

**(9) Step Fwd on RF, (10) Pivot ¼ turn to L and recover weight on to LF 12:00**

**(11) Stomp RF to R diagonal, (12) Bring LF towards RF on Heel, (13) Toe, (14) Heel,**

**(15) Stomp LF to L diagonal, (16) Bring RF towards LF on Heel, (17) Toe, (18) Heel,**

Then.....Stomp out on RF, strike a pose and hold, initiating your own hand/arm movements on the words, "please don't take him even if you can."

"Ntombisani" means "kiss me" in Zulu. I sincerely hope you enjoy this traditional South African rendition of a popular and legendary country tune. Thank You Kevin Ellis for sending me the song!

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