

What A Man Gotta Do

拍數: 64 牆數: 2 級數: Phrased Improver
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音樂: What a Man Gotta Do - Jonas Brothers



Start dancing with Part A on lyrics (after Count 8)

Part A:

Steps forward; Mambo forward; Shuffle back; Rock Step back and side

1-2 Step forward right and left
3&4 Rock right forward, Recover on left, Close right to left
5&6 Shuffle back starting with left foot
7& Rock right backward, Recover on left
8& Rock right to right side, Recover on left

Close; Claps; Mambo Step; Claps; Hitch with Snap

1 Close right to left
2-3 Hand Clap (two times)
4&5 Rock left to left side, Recover on right, Close left to right
6-7 Hand Clap (two times)
8 Hitch right, weight on left and Snap

Repeat Part A for two more times and then continue with Part B

Part B:

Step Turn; Kick Ball Change 2x

1-2 Step forward right, Pivot turn $\frac{1}{2}$ to left, ending with weight on left
3&4 Kick right forward, Recover on right, Recover on left
5-6 Step forward right, Pivot turn $\frac{1}{2}$ to left, ending with weight on left
7&8 Kick right forward, Recover on right, Recover on left

Chasse; Cross Rock Step; Chasse; Full Turn

1&2 Step right to right side, Step left next to right, Step right to right side
3-4 Cross rock left over right, Recover on right
5&6 Step left to left side, Step right next to left, Step left to left side
7&8 Full Turn on place starting with right foot (you can start turning with the side chasse before)

Step Turn; Kick Ball Change 2x

1-2 Step forward left, Pivot turn $\frac{1}{2}$ to right, ending with weight on right
3&4 Kick left forward, Recover on left, Recover on right
5-6 Step forward left, Pivot turn $\frac{1}{2}$ to right, ending with weight on right
7&8 Kick left forward, Recover on left, Recover on right

Chasse; Cross Rock Step; Chasse; Mambo Step

1&2 Step left to left side, Step right next to left, Step left to left side
3-4 Cross rock right over left, Recover on left
5&6 Step right to right side, Step left next to right, $\frac{1}{4}$ right stepping forward on right [3:00]
7&8 Rock left forward, recover on right, Close left to right

Repeat Part B for one more time (You will end facing 6:00) and start again with Part A

Start again with Part A for three times and Part B for two times. After that, continue with Part C

Part C:

K-Step (Step Touch diagonal)

- 1-2 Step right diagonal forward, Touch left beside right
- 3-4 Step left diagonal back, Touch right beside left
- 5-6 Step right diagonal back, Touch left beside right
- 7-8 Step left diagonal forward, Touch right beside left

Steps forward; Mambo forward; Steps back; Coaster Step

- 1-2 Step forward right and left
- 3&4 Rock right forward, recover on left, Close right to left
- 5-6 Step back left and right
- 7&8 Step left back, step right together, step left forward

Repeat Part C for one more time and start again with Part B for two more times

Sequence: A-A-A-B-B-A-A-A-B-B-C-C-B-B

Enjoy!
