

Real, Real Talk

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Gail A. Dawson (USA) - May 2020
音樂: Real Talk - Angie K



Intro: 8 Counts - No Tags, No Restarts

HEEL GRIND, HEEL GRIND, CROSS, SIDE, CROSS, SIDE, CROSS, ROCK, RECOVER

1&2 R heel cross over L arcing toes from L to R, weight shifts back to L foot, step R beside L
3&4 L heel cross over R arcing toes from R to L, weight shifts back to R foot, step L beside R
5&6& R cross over L, L step to L, R cross over L, L step to L
7&8 R cross over L, L rock to L, recover to R

CROSS, SIDE, BEHIND, ¼ TURN, STEP, MAMBO, MAMBO

1,2 L cross over right, R step to R,
3&4 L step behind R, R step turning ¼ to R (3 o'clock), L step forward
5&6 R step forward (roll hip to R), L step in place, R step beside L
7&8 L step back, (roll hip to L), R step in place, L step beside R

CROSS, ROCK, RECOVER, CROSS, ROCK, RECOVER, ROCK, RECOVER, BACK, RUN, RUN, RUN

1&2 R cross over L, L rock to L, recover to R
3&4 L cross over R, R rock to R, recover to L
5&6 R rock forward (roll hip to R), recover to L, R step beside L
7&8 L step back, R step back, L step back

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, JAZZ BOX, ROCK, RECOVER, TOUCH

1&2 R rock to R (roll hip to R), recover to L, R step beside L
3&4 L rock to L (roll hip to L), recover to R, L step beside R
5&6& R cross over L, L step back, R step beside L, L cross over R
7&8 R rock to R, recover to L, R touch beside L

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