

Box Of Wood (2020)

拍數: 32 牆數: 4 級數: Beginner
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音樂: Box of Wood - The Silverline



Step sheet by: Mariela Barcia

#1st Sec. ROCK, KICK, ¾ TURN, SCISSOR CROSS

1-2 right side rock (RF) and recover the weight on to the left
3-4 kick forward and toe touch short-back (RF)
5-6 ¾ turn on to the right (RF), side step (LF)
7-8 short side step to the left (RF), cross step over the right (LF)

#2nd Sec. ¼ TURN STEP, ½ TURN STEP, GRAPEVINE, ½ TURN

1-2 step forward turning a quarter on to the left (RF), scuff (LF)
3-4 step turning a half on to the left (LF) and scuff (RF)
5-6 side step (short diagonal forward) (RF), cross behind (LF)
7-8 side step (RF), ½ turn on to the right, stomp short-side (LF)

#3rd Sec. SWIVEL, ROCK, COASTER STEP

1-2 heel swivel (push the left heel out and in with a ¼ turn) (LF),
3-4 toe ¼ turn and strut (LF) changing the weight on to the LF
5-6 rock step forward (RF) and recover the weight on to the centre
7-8 step back (RF), step back beside the right (LF)

#4th Sec. STEP LOCK STEP, JAZZBOX

1-2 step forward (RF), lock step behind (LF)
3-4 step forward (RF) and scuff (LF)
5-6 cross step (LF) on to the right, short-back step (RF)
7-8 short back-side step (LF) and stomp-up (RF)

Restart. At count 22 of the sixth wall.

Tip: after the first 20 counts, change the original rock for a step forward (RF) and a stomp (LF) next to RF. And restart

Ending. The 15th wall has only seven counts

1-2 side rock (RF) and recover the weight on to the left
3-4 kick forward (RF) and toe touch short-back (RF)
5-6 ½ turn on the right heel and another ½ turning step (LF)
7 stomp forward (RF).

Last Update – 16 July 2020