

Polaroid

拍數: 48 牆數: 2 級數: Improver
編舞者: Judy Rodgers (USA) - May 2020
音樂: Polaroid - Keith Urban : (Amazon.com)



#16 count intro

S1: Side behind & heel hold, & cross turn 1/4 R, sailor turn 1/4 R

1-2& Step R to right, step L behind R, step R to right
3-4 Touch L heel fwd left diagonal, hold
&5-6 Step L beside R, cross R over L, turn 1/4 right step L back 3:00
7&8 Turn 1/4 right step R behind L, step L to left side, step R to right side 6:00

S2: Toe strut, turn 1/2 L toe strut, coaster step, walk walk

1-4 Step L toe fwd, step down L, turn 1/2 left step R toe back, step down R
5-6 Step L back, step R beside L, step L fwd
7-8 Walk fwd R, L 12:00

***** Restart here on Wall 5

S3: Side rock & side rock, cross, turn 1/4 L back, shuffle side

1-2 Rock R to right side, recover L
&3-4 Step R together, rock L to left side, recover R
5-6 Cross L over R, turn 1/4 left step R back
7&8 Shuffle left side L R L 9:00

S4: Cross side rock (R & L), step turn 1/2 R, rock recover step

1-2& Cross R over L, rock L to left side, recover R
3-4& Cross L over R, rock R to right side, recover L
5-6 Step R fwd, turn 1/2 right step L back 3:00
7&8 Rock R back, recover L, step R fwd

S5: Step touch, anchor step, shuffle, turn 1/4 R touch

1-2 Step L fwd, touch R to back of L
3&4 Step ball of R behind L, step L in place, step R slightly back
5&6 Shuffle back L R L
7-8 Turn 1/4 right step R to right side, touch L beside R 6:00

S6: Out out clap, in in clap, step touch, step touch

&1-2 Step L out to left side, step R to right side, clap
&3-4 Step R in, step L in, clap
5-8 Step R fwd right diagonal, touch L, step L fwd left diagonal, touch R

One Restart: Wall 5 starts 12:00dance 16 counts and restart facing 12:00 (now wall 6)

Ending: Wall 7 is the last wall, starts 6:00....dance 16 counts....you will be facing 6:00
Step pivot 1/2 left to face 12:00....poise & smile!!!!