Dancing In A Ghost Town

牆數:4

級數: High Improver

編舞者: Karen Kempton (USA) & Debi Robbins (USA) - April 2020

音樂: Living In a Ghost Town - The Rolling Stones

Music : Available on iTunes and Amazon

拍數: 32

- Alternate Music: Dreadlock Holiday by 10cc (no tags or restarts)
- Intro: 32 counts Starts with weight on left foot

WALK, WALK, ANCHOR STEP, BACK, TOE, 1/2 TURN X2

- 1-2 Walk forward R, L
- 3&4 Step ball of R behind L, step L, Step back on R
- 5-6 Step L back, Touch R toe back
- 7-8 Turn 1/2 to right on balls of feet, Turn back 1/2 to left (12:00)

JAZZ BOX 1/4 TURN, TOUCH OUT, IN, HEEL, STEP, SIDE ROCK, STEP

- 1-2 Cross R over L, Step L back
- 3-4 Step R forward making 1/4 turn to R, Step L forward (3:00)
- 5& Point R toe to side, Touch R next to L
- 6& Touch R heel forward, Step R next to L
- 7&8 Rock L to side, Recover on R, Step L next to R (3:00)
- **RESTART here on walls 5 and 8.

KNEE POPS X2, COASTER CROSS, KICK, BALL, CROSS

- 1-2 Step back R popping L knee, Hold
- 3-4 Step back L popping R knee, Hold

OPTION: Small hip bumps instead of Hold on counts 2 and 4

- 5&6 Step back R, Step L beside R, Step R across L
- 7&8 Kick L forward, Step on L ball next to R, Cross R over L (3:00)

SWAY X2, BEHIND, SIDE, CROSS, TOE, TURN 1/2, SIT, HIP BUMPS

- 1-2 Step L to side swaying L, Sway R
- 3&4 Step L behind R, Step R to R, Cross L over R
- 5-6 Touch R toe back, Turn 1/2 to R w/ weight on L into sit position
- 7-8 Bump hips R, Bump hips L (9:00)

RESTARTS: There are two restarts. Both are after the first 16 counts of the dance. The first Restart is during wall 5. Wall 5 starts at 12:00. Restart happens facing 3:00. Second Restart is during wall 8. Wall 8 starts at 9:00. Restart happens facing 12:00.

Last Update - 15 Oct. 2020



