

Beautiful

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Julee Hansel (INA) - April 2020
音樂: Beautiful - Crush (크러쉬) : (OST Goblin)



No Tag - 4 Restarts

Section 1: Hitch & Turn, Sweep (2x), 3 Steps Turn (2x), Sweep & Lunge

- 1 – 2 Step LF fwd & hitch R knee while turning 1/2 to L (6.00), continue hitch R knee while turning 1/2 to L & step RF and sweep LF front to back (12.00).
3 – 4 Step LF to back & sweep RF front to back, step RF to back & pop L knee (preparing to turn).
5 & 6 Step LF fwd, turn 1/2 to L step RF to back (6.00), step LF fwd (12.00).
7 & 8 Turn 1/2 to L step RF to back (6.00), step LF fwd (12.00), sweep RF & lunge diagonally (10.30).

Section 2: Pull Up & Drag, Walk (L R), Scissor Step (L R)

- 1 – 2 Turn 1/2 to L & pull body up by standing on RF (4.30) while dragging LF next to RF on bold (continues moving in slow motion).
3 – 4 Step LF fwd, step RF fwd.
5 & 6 Turn 1/8 to R & step LF to L, step RF next to LF, Cross LF over RF (6.00).
7 & 8 Step RF to R, step LF next to RF, Cross RF over LF.

(Restart on the wall of 4)

Section 3: Spiral Full Turn, 1/2 Pivot, 3 Steps Turn

- 1 – 4 Full turn on bold (continues moving in slow motion) step on RF on the count of 4.
5 & 6 Step LF fwd, step RF fwd, turn 1/2 to L step LF in place (12.00).
7 & 8 Step RF fwd, turn 1/2 to R step LF to back (6.00), turn 1/2 to R step RF fwd (12.00).

(Restart on the wall of 3, 6, & 7)

Section 4: Pull Up & Drag, Walk (L R), Scissor Step (L R)

- 1 & 2 Step LF fwd, turn 1/2 to L step RF to back (6.00), turn 1/2 to L step LF fwd (12.00).
3 & 4 Turn 1/8 to L step RF fwd (10.30), recover on LF, squaring & step RF to R (12.00).
5 & 6 Turn 1/8 to R step LF fwd (1.30), recover on RF, squaring & step LF to L (12.00).
7 & 8 Step RF fwd, turn 1/2 to L step LF in place (6.00), step RF fwd.

Restarts :-

Wall of 3, 6, & 7: after 24 counts

Wall 4: after 16 counts

Happy Dancing - Life is Beautiful

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