

Una Vez Mas

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BYEPOSTETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Om Pardi (INA) - April 2020
音樂: Una Vez Mas – Malu Travejo – Ballo di Gruppo



Intro: 36 Count - No Tag – No Restart

S1: SKATE (RIGHT, LEFT), DIAGONAL LOCK SHUFFLE, SKATE (LEFT, RIGHT), DIAGONAL LOCK SHUFFLE

1-2 Skate R (1), Skate L (2)
3&4 Step R forward to R diagonal (3), Lock L behind R (&), Step R forward to R diagonal (4)
5-6 Skate L (5), Skate R (6)
3&4 Step L forward to L diagonal (7), Lock R behind L (&), Step L forward to L diagonal (8)

S2: KICK BALL TOUCH, KICK BALL TOUCH, ¼ RIGHT JAZZ BOX

1&2 Kick R forward (1), Step on ball of R next to L (&), Toucc L outside L (2)
3&4 Kick L forward (1), Step on ball of L next to R (&), Touch R outside R (4)
5-8 Cross R over L (5), Make ¼ R turn step L back (6), Step R to side (7), Step L forward (8)

S3: BOTAFOGO (RIGHT, LEFT), CROSS SHUFFLE (RIGHT, LEFT)

1&2 Cross R over L (1), Step L to side (&), Step R in place (2)
3&4 Cross L over L (3), Step R to side (&), Step L in place (4)
5&6 Cross R over L (5), Step L to side (&), Cross R over L (6)
7&8 Cross L over R (7), Step R to side (&), Cross L over R (8)

S4: FORWARD LOCK SHUFFLE, PIVOT ¼ RIGHT, FORWARD LOCK SHUFFLE, PIVOT ¼ LEFT

1&2 Step R forward (1), Lock L behind R (&), Step R forward (2)
3-4 Step L forward (3), Pivot ¼ R turn (4)
5&6 Step L forward (5), Lock R behind L (&), Step L forward (6)
7-8 Step R forward (7), Pivot ¼ L turn (8)

Begin again & Have Fun

For more information about this dance please contact: gieprod@yahoo.com