

One Night Standards

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Janet Cummings (USA) - April 2020
音樂: One Night Standards - Ashley McBryde : (Album: Never Will - 3:10)



#1 Tag/3Restarts - Pattern: Counter-Clockwise

Intro: 16 Count - Sequence: 32, 32, 16, 32, 32, 24, 32, Tag (4), 16

SECTION 1: R CHASSE, ¼ LEFT TURN SAILOR STEP, SHUFFLE FORWARD, CHASE TURN

1&2 R Shuffle to Side
3&4 L Step Behind R, Turn ¼ Left, R Step to Side, L Step in Place
5&6 R Shuffle Forward (R, L, R)
7&8 L Step Forward, Pivot ½ Right-Step R, L Step Forward

SECTION 2: R KICK-BALL-CROSS, LOCK, STEP, LOCK, STEP; SHUFFLE BACK, L COASTER STEP

1&2 R Kick, Step on Ball of R Foot, Cross L Over R
3&4& Lock R Behind L, Step L Forward, Lock R Behind L, Step L Forward
5&6 Shuffle Back (R, L, R)
7&8 L Step Back, R Step Back, L Step Forward

NOTE: WALL 3 ENDS HERE (16 Counts), RESTART WALL 4 WITH SECTION 1

SECTION 3: R SKATE, L SKATE, SIDE SHUFFLE RIGHT; L SKATE, R SKATE, SIDE SHUFFLE LEFT

1, 2, 3&4 R Skate, L Skate, Side Shuffle Right (R, L, R)
5, 6, 7&8 L Skate, R Skate, Side Shuffle Left (L, R, L)

NOTE: WALL 6 ENDS HERE (24 Counts), RESTART WALL 7 WITH SECTION 1

SECTION 4: ¼ CHASE TURN LEFT, L ¼ TURN SAILOR, R CROSS-ROCK, STEP, L CROSS-ROCK, STEP

1&2 R Step Forward, Turn ¼ Left, Step L (&), R Step Forward
3&4 L Step Behind R, Turn ¼ Left, R Step, L Step in Place
5&6 R Cross Rock, L Recover (&), R Step to Side
7&8 L Cross Rock, R Recover, (&), L Step to Side

NOTE: At the END of Wall 7 there is a 4 Count TAG – ½ Turn Monterey...R Point to Side (1), Turn ½ Right-Step R Next to L (2); L Point to Side (3), L Step Next to R (4)

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