

Uncle John

拍數: 32 牆數: 4 級數: Beginner
編舞者: Inunk Beemond (INA) & Chinta Hersinta Beemond (INA) - April 2020
音樂: Uncle John by Jamaica Venga Boys



Intro: 16 Count

S1: DIAGONAL LOCK SHUFFLE (RIGHT AND LEFT), BACK, BACK, BACK, FORWARD ROCK, RECOVER

1&2 Step R forward to R diagonal (1), Lock L behind R (&), Step R forward to diagonal R (2)
3&4 Step L forward to L diagonal (1), Lock R behind L (&), Step L forward to diagonal L (4)
5-6 Make 1/8 R turn step R back (5), Step L back (6) (12.00)
7&8 Step R back (7), Rock L forward (&), Recover on R (8)

S2: LEFT & RIGHT MAMBO, CROSS OVER, TURN ¼ LEFT BACK, BACK, RIGHT BACK COASTER STEP

1&2 Rock L to side (1), Recover on R (&), Step L next to R (2)
3&4 Rock R to side (1), Recover on L (&), Step R next to L (4)
5&6 Cross L over R (5), Make ¼ L turn step R back (&), Step L back while lift R knee (6) (09.00)
7&8 Step R back (7), Step L next to R (&), Step R forward (8)

S3: FORWARD ROCK, RECOVER, ½ LEFT FORWARD LOCK SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

1-2 Rock L forward (1), Recover on R (2)
3&4 Make ½ L turn step L forward (3), Lock R behind L (&), Step L forward (4) (03.00)
5-6 Rock R to side (5), Recover on L (6)
7&8 Cross R over L (7), Step L to side (&), Cross R over L (8)

S4: KICK BALL TOUCH, KICK BALL TOUCH, ¼ LEFT BACK COASTER STEP, SIDE MAMBO

1&2 Kick L forward (1), Step on ball of L next to R (&), Touch R outside R (2)
3&4 Kick R forward (3), Step on ball of R next to L (&), Touch L outside L (4)
5&6 Make ¼ L turn step L back (5), Step R next to L (&), Step L forward (6) (12.00)
7&8 Make ¼ L turn rock R to side (7), Recover on L (&), Touch R beside L (8) (09.00)

Begin Again & Have Fun

For more information about this dance please contact : gieprod@yahoo.com