

Polaroid

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Jo Myers (UK) - April 2020
音樂: Polaroid - Keith Urban : (amazon.co.uk or iTunes)



There is one Restart

#16 count intro

SEC 1: CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

1-2 Cross right over left. Step left to left side.
3&4 Step right behind left. Step left to left side. Step right next to left.
5-6 Cross left over right. Step right to right side.
7&8 Step left behind. Step right to right side. Step left next to right. (12:00)

SEC 2: STEP PIVOT 1/2 LEFT, SHUFFLE, STEP PIVOT 3/4 RIGHT, SHUFFLE

1-2 Step right forward. Pivot 1/2 turn left.
3&4 Step right forward. Close left next to right. Step right forward.
5-6 Step left forward. Pivot 3/4 turn right.
7&8 Step left forward. Close right beside left. Step left forward. (3:00)

Restart Wall 5: Start the dance again at this point.

SEC 3: STEP HITCH, COASTER STEP, STEP PIVOT 1/4 LEFT, CROSS SHUFFLE

1-2 Step forward on right. Hitch left.
3&4 Step left back. Step right next to left. Step left forward.
5-6 Step right forward. Pivot 1/4 turn left.
7&8 Cross right over left. Step left to left side. Cross right over left. (12:00)

SEC 4: TOUCH, 1/4 RIGHT, BEHIND UNWIND 1/2, STEP PIVOT 1/2 RIGHT, SHUFFLE

1-2 Touch left to left side. Putting weight onto left make 1/4 turn right.
3-4 Touch right behind left. Putting weight onto right make 1/2 turn right.
5-6 Step left forward. Pivot 1/2 turn right.
7&8 Step left forward. Close right next to left. Step left forward. (3:00)

SEC 5: SIDE, HOLD, BALL STEP TOUCH, ROLLING FULL TURN, TOUCH

1-2 Step right to right side. Hold.
3&4 Step ball of left next to right. Step right forward. Touch left forward.
5-6 Step left 1/4 turn left. Turn 1/2 left stepping right back.
7-8 Step left 1/4 turn left. Touch right next to left. (3:00)

Easier option counts 5-7: grapevine left.

SEC 6: SIDE TOGETHER, BACK, HOLD, SIDE TOGETHER, SHUFFLE

1-2 Step right to right side. Step left beside right.
3-4 Step right back. Hold.
5-6 Step left to left side. Step right beside left.
7&8 Step left forward. Close right next to left. Step left forward. (3:00)

The single Restart is during Wall 5, after completing Section 2

Contact Jo Myers mm0013592@blueyonder.co.uk