

# Heart Pain

拍數: 32      牆數: 4      級數: Improver  
編舞者: Andrés de la Rubia Alberti (ES) - April 2020  
音樂: Heartache Medication - Jon Pardi



Alt. music: Long Walk (Brandy Clark)

**[1-8] Point, Back, coaster step , steps (R&L), vaudeville 1/4 turn right**

1-2            Point Rf to the right, Rf back  
3&4           Lf back,Rf beside Lf(&), Lf forward  
5-6           Steps forward R&L  
7&8           Cross Rf over Lf, Lf ¼ turn right (&), Heel Rf diagonal forward

**[9-16] Cross, side, shuffle cross, rock side, behind, side,cross**

&1-2          Return Rf next Lf (&), Cross Lf over Rf (1), Rf to the right (optional snaps)  
3&4           Cross Lf over Rf, Rf to the right, Cross Lf over Rf  
5-6           Rf to the right, Turn weight Lf (optional Sway R&L)  
7&8           Rf behind Lf, Lf to the left, Cross Rf over Lf

**[17-24] Skates ¼ turn left, shuffle ½ turn left, stomp (R&L), swivels**

1-2            Lf ¼ turn left, Rf diagonal forward  
3&4           Lf ¼ turn left, Rf next Lf, Lf ¼ turn left  
5-6           Stomp Rf forward, Stomp Lf next Rf (3<sup>a</sup>)  
7&8&          move both heels out (7), in(&), out(8), in(&) (restart in 4 on 7 wall)

**[25-32] Steps forward, cross,back,touch,big steps diagonal forward (R&L),step turn,touch**

1-2            Rf forward, Lf forward  
3&4           Cross Rf over Lf, Lf ¼ turn right (&), touch Rf beside Lf (restart in 3 wall)  
5-6           Rf diagonal forward, Lf diagonal forward  
7&8           Rf forward, ½ turn left, touch Rf forward

**Note: Brandi Clark's music no restarts**

Enjoy

Last Update - 27 April 2020

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