

The Woman In My Life

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Amanda Rizzello (FR) - November 2016
音樂: The Woman In My Life - Phil Vassar



Intro : 24 Counts

(1-6) LEFT FORWARD DIAGONALY , ROCK RIGHT FORWARD, BACK, ROCK LEFT SIDE

1,2,3 Step Left forward (in R diagonal), Step Right forward, Recover on Left
4,5,6 Step Right backward, Step Left to left side (come back to 12:00), Recover on Right

(7-12) WEAVE, BIG STEP RIGHT, DRAG

1,2,3 Cross Left over Right, Step Right to right side, Cross Left behind Right
4,5,6 Take big step to right side, Slide Left towards Right (5-6)

(13-18) VINE ½ TURN , STEP, FULL TURN WITH SWEEP

1,2,3 Left ¼ turn step Left forward, Left ¼ turn step Right to right side , Step Left behind Right
4,5,6 Step Right to right side , R full turn on Right as you sweep Left (back to front)

(19-24) CROSS LUNGE L & R

1,2,3 Cross Left over Right lunge/rocking, Recover on Right, Step Left to left side
4,5,6 Cross Right over Left lunge/rocking, Recover on Left, Step Right to right side.

*(RESTART wall 5)

(25-30) DIAMOND FALLAWAY

1,2,3 Make 1/8th turn right stepping forward on Left , Make 1/8th turn left stepping Right next to Left , Step Left in place
4,5,6 Make 1/8th turn left stepping back on Right , Make 1/8th turn left stepping Left next to Right , Step Right in place

(31-36) DIAMOND FALLAWAY

1,2,3 Make 1/8th turn right stepping forward on Left , Make 1/8th turn left stepping Right next to Left , Step Left in place
4,5,6 Make 1/8th turn left stepping back on Right , Make 1/8th turn left stepping Left next to Right , Step Right in place

(37-42) TWINKLE LEFT & RIGHT

1,2,3 Cross Left over Right. Step Right to right side, Step Left beside Right
4,5,6 Cross Right over Left. Step Left to left side, Step Right beside Left

(43-48) STEP F, POINT RIGHT , CROSS R BEHIND LEFT SWEEP LEFT

1,2,3 Step Left forward , Point Right to right side, HOLD
4,5,6 Cross Right behind Left, Sweep Left front to back

Easy Tag don't worry !! :)

TAG 1

DROP

1,2,3 Bent Right leg as you keep Left leg straight to left side then come up

TAG 2

BASIC FRONT & BACK

1,2,3 Step forward on Left, Step Right next to Left, Step Left in place next to Right
4,5,6 Step back on Right, Step Left next to Right, Step Right in place next to Left

At the end of wall 1 = TAG 1

At the end of wall 2 = TAG 2 + TAG 1

At the end of wall 3 = TAG 1

Wall 5 : after the CROSS LUNGES (count 24)* do TAG 1 then Restart the dance

Enjoy :)

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