

# Sway This Way

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Felicia Doble & Dianda Doble - April 2020  
音樂: Sway - Luis Fonsi



#8 Count Intro - Part A: 32 Count Part B: 32 Count  
Sequence: AB B\* AB B\* AB

## Part A

### ROCK BACK, RECOVER, CHA-CHA SIDE, CROSS ROCK, RECOVER, CHA-CHA SIDE

1-2            Rock Back R, Recover L Fwd  
3&4           Step R Side, Together Left, Step R Side  
5-6           Cross Rock L Over R, Recover Back L  
7&8           Step L Side, Together Left, Step L Side

### SMOOTH PONY BACK x2, ROCK BACK RECOVER, KICK BALL CROSS

1&2           Step R Back While Popping L Knee Up, Step L Next To R, Step R Back While Popping L Knee Up  
3&4           Step R Back While Popping L Knee Up, Step L Next To R, Step R Back While Popping L Knee Up  
5-6           Rock Back R, Recover L Forward  
7&8           Kick R Diagonally Forward, Ball Step R, Cross Step L over R

### ROCK SIDE RECOVER BACK, ROCK SIDE RECOVER ½ TURN L, CROSS SAMBA x2

1&2           Rock R Side, Recover L, Step R Back Behind L  
3&4           Rock L Side, Recover R, Making ½ Turn L Step Together L (6:00)  
5a6           Cross R Over L, Rock L To side, Recover R  
7a8           Cross L Over R, Rock R To Side, Recover L

### TRAVELING HEEL GRIND ROCKING CHAIR LEFT x2, BODY ROLL, BALL STEP, DIG SWIVEL

1&2&          Traveling L Heel Grind R, Step L Back, Rock R Back, Recover Forward  
3&4&          Traveling L Heel Grind R, Step L Back, Rock R Back, Recover Forward  
5-6&          Step R Forward Into Body Roll, Sit Back L Hip, Step R  
7&8&          Dig L, Swivel L Heel Out, In, Step L Fwd

## Part B

### STEP PADDLE ½ TURN LEFT, ROCK FWD RECOVER, STEP ROCK RECOVER

1&2&          Chug/Paddle ¼ Turn L (3:00)  
3&4&          Chug/Paddle ¼ Turn L (12:00)  
5-6&          Push Fwd Ball Of R Foot, Recover L Back, Step R Center  
7-8           Rock L Fwd, Rock R Recover Back

### REVERSE PADDLE HALF TURN LEFT, SAILOR STEP, ANCHOR STEP

1-4           Reverse Paddle ½ turn L over L Shoulder (6:00)  
5&6           Step Behind L, Step Out Right, Step L Foot Slightly Fwd  
7&8           Lock R Behind L, Step L In Place, Step R Back

(\* Restart Dance Here With Step Change Replace count 7-8 With Hip Roll Ending With Weight on L

### ½ TURN STEP FWD, ½ TURN STEP BACK, COASTER STEP, KICK STEP TOUCH, KNEE POP BALL STEP

1-2           Turning ½ Turn L Step L Fwd, Turning ½ Turn L Step R Back  
3&4           Step L Back, Step R Together, Step L Forward  
5&6&          Kick R Fwd, Step R Back, Touch L Fwd, Lift Heels Up Popping Knees

7&8 Lower Heels Down, Ball Step L Together, Step R Fwd

**RAISED KNEE HIP BUMP x2, COASTER STEP, ½ PIVOT TURN x2**

1-2 Raise L Knee Bump L Hip Up Twice

3&4 Step L Back, Step R Together, Step L Fwd

5-6 Step Fwd R, Pivot ½ Turn Left Switching Weight To L (12:00)

7-8 Step Fwd R, Pivot ½ Turn Left Switching Weight To L (6:00)

**Step Change To End The Dance:**

7-8 Turning ½ Turn L Step R Back, Turning ½ Turn L Step L Fwd Step Forward on R and Pop Your Hip To End It!

**Last Update - 28 April 2020**

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