

Future Nostalgia Baby

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Nina Skyrud (NOR) - April 2020
音樂: Future Nostalgia - Dua Lipa : (Album: Future Nostalgia)



Start the dance at the vocal after 16 count.

Note: 4 count Tag after wall 6

[1-8] Step Point, Step Point, Jazzbox with 1/4 Turn.

1,2 Step right foot forward (1), Point left toe to the right side (2)
3,4 Step left foot forward (3), Point right toe to the right side (4)
5,6 Cross right foot over left (5), Make a ¼ Turn right stepping left foot back (6)
7,8 Step right foot to the right side (7), Cross left foot over right (8) [3:00]

[9-16] Hip Rolls X2, Weave, Hitch.

1,2 Step right foot to the right side rolling hips ½ circle CCW from left to right with a little hip bump at the end of the roll (1,2)
3,4 Roll hips CW from right to left putting weight onto left foot with a little hip bump at the end of the roll (3,4)
5,6 Step down on right foot (5), Cross left foot behind right (6)
7,8 Step right foot to the right side (7), Hitch left knee (8).

[17-24] Side, Touch behind, Side, Touch behind, Weave ¼ Turn, ¼ Turn with Hitch.

1,2 Step left foot to the left side (1), Touch right foot behind left (2)
3,4 Step right foot to the right side (3), Touch left foot behind right (4)
5,6 Step left foot to the left side (5), Cross right foot behind left (6)
7,8 Turn a ¼ Turn left stepping left foot forward (7) [12:00], Turn ¼ Turn left hitching right knee (8) [9:00]

[25-32] Hip Bumps x2, ½ Turn, Walk, Walk.

1,2 Step right foot to the right side and bump right hip twice (1,2)
3,4 Recover weight onto left foot and bump left hip twice (3,4)
5,6 Step right foot forward (5), Make a ½ Turn left and step left foot forward (6) [3:00]
7,8 Walk forward: Right foot (7), Left foot (8).

Tag after wall 6: Rocking Chair

1,2 Step right foot forward (1), Recover onto left foot (2)
3,4 Step right foot back (3), Recover onto left foot (4)

Looking for an intermediate dance to this track? Check out my funky cha cha: Future Nostalgia

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