# Middle Age (중년)



拍數: 34 牆數: 4 級數: Intermediate

編舞者: JJ Lee (KOR) - April 2020

音樂: Middle Age (중년) - Park Sang Min (박상민)



## SEC 1: COASTER CROSS/SWEEP, CROSS, 1/4 L BACK, 1/4 L SIDE, TOUCH, 1/4 R FORWARD, 1/2 R BACK, 1/4 R SIDE, SIDE POINT, 1/4 L FULL TURN

1&2 RF back, LF beside LF, RF cross, and sweep LF from back to front (12:00)

3&4& LF cross over RF, 1/4 turn L with RF back, 1/4 turn L with LF side, RF touch next to LF (6:00) 1/4 turn R with RF forward, 1/2 turn R with LF back, 1/4 turn R with RF side, LF side point

(6:00)

7&8 1/4 turn L with LF forward, 1/2 turn L with RF back, 1/2 turn L with LF Forward (3:00)

## SEC 2: BASIC NIGHT CLUB. SCISSORS, 1/4 L BACK, 1/4 L FORWARD. 1/4 L SIDE, BACK ROCK, RECOVER, SIDE, BACK ROCK, RECOVER

1 2& RF side, close LF behind RF, cross RF over LF (3:00)

3&4& LF side, close RF next to LF, cross LF over RF, 1/4 turn L with RF back

5 1/4 turn L with LF Forward (9:00)

6&7&8& 1/4 turn L with RF side, LF back rock, RF recover, LF side, RF back rock, LF recover(6:00)

### SEC 3: LOCK STEP, 1/4 R SWIVEL, LOCK STEP, 1/4 L SWIVEL, JAZZ BOX, 1/4 L BACK, SIDE, FORWARD

1&2& RF forward, LF lock behind RF, RF forward. 1/4 turn R with RF swivel and LF drag to RF

(9:00)

3&4& LF forward, RF lock behind LF, LF forward. 1/4 turn L with LF swivel and RF drag to LF

(6:00)

5&6& RF cross over LF, LF back, RF side, LF cross over RF 7&8 1/4 turn L with RF back, LF side, forward RF,(3:00)

# SEC 4: FORWARD, FORWARD, 1/2 L PIVOT, FORWARD, SPIRAL, FORWARD R, L, ROCKING CHAIR, FORWARD, 1/2 L PIVOT, 1/2 L BACK. BACKWARD

1 2& LF forward, RF forward, 1/2 turn L LF forward (9:00)
3&4& RF forward, LF spiral full turn R, forward RF, forward Lf
5&6& RF forward Rock, LF Recover, RF back rock, LF recover

7&8& RF forward, 1/2 turn L LF forward, 1/2 turn L RF back, LF backward(9:00)

### **SEC 5: SWAY, SWAY**

1 2 RF side with R hip sway, L hip sway

#### \*\*RESTART

After 16 counts on Wall 4 facing (9:00), After 32 counts on Wall 7 facing (12:00),

Enjoy!!

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