

Karma

拍數: 48 牆數: 0 級數:
編舞者: Sue Ferguson (CAN) & Tracey Fiorini (CAN) - April 2020
音樂: KARMA - Kristin Carter



*1 Tag (done twice) – 1 Restart

Right Lead

R Cha Cha Cha (Shuffle) Fwd, Rock L Fwd, Recover R, Half Turning Cha Cha Cha (Shuffle) to the L, Rock R Fwd, Recover L

1 & 2, 3, 4 Cha R, Cha L, Cha R, fwd, Rock fwd on L, Recover on R

5 & 6, 7, 8 1/2 Turning L, Cha L, Cha R, Cha L, Rock fwd on R, Recover on L

Step R to Side, Balance back on L, Cross R over L, Unwind Half Turn, Point L to Side, Hold, Point R to Side, Hold

1, 2, 3, 4 Rock out R foot to R side, balance back to L, Cross R over L and unwind half turn weight on L

5, 6, 7, 8 Point L to L side, Hold, Point R to R side, Hold

Tag 2x Here on Wall 5, then Restart dance

R Heel, L Heel, Point R, Point L, Rock Fwd L, Recover R, L Half Turning Cha Cha Cha (Shuffle)

1, 2, 3, 4 (Quick step) Put R heel fwd, return, Put L heel fwd, return, Point R toe to side, return, Point L toe to side, return

5, 6, 7 & 8 Rock fwd on L, recover on R, Turning L, cha L, cha R, Cha L (shuffle) 1/2 turn.

Step R, Lock, Cha Cha Cha (Shuffle) R to 1:30, Step L, Lock, Cha Cha Cha (Shuffle) L to 10:30

1, 2, 3 & 4 Step R, Lock L foot in behind, cha R, cha L, cha R (shuffle towards 1:30)

5, 6, 7 & 8 Step L, Lock R foot in behind, cha L, cha R, cha L (shuffle towards 10:30)

Restart Here on Wall 6

Quarter turn R Jazz, Rolling Vine Left

1, 2, 3, 4 R over L, Step L back, 1/4 turn step R, tap L beside R

5, 6, 7, 8 Step L 1/4 turn L, Step R 1/2 turn L, Step L 1/4 turn, tap R beside (full turn)

Kick R, Ball, Point L, Cross L, Point R, Step Back on R, Point L, Kick L, Tap R

1 & 2, 3, 4 Kick R fwd, land on R ball, point L to side, cross L over R, point R to side

5, 6, 7 & 8 Step R behind L, point L to side, kick L, tap R

Tag – 2x: R Cha Cha Cha (shuffle) forward, Point L, Hold, L Cha Cha Cha (shuffle), Point R, Hold

1 & 2, 3, 4 Cha R, cha L, cha R, point L to side, hold

5 & 6, 7, 8 Cha L, cha R, cha L, point R to side, hold

Rock Fwd R, Recover L, Touch R toe Back, Unwind 1/2 turn R, Tap L Back, Side, Kick, Tap R

1, 2, 3, 4 Rock fwd on R, recover L, dig R toe, half turn unwind on L, put weight on R

5, 6, 7, 8 Tap L back, to the side, kick L, tap R – ready to begin again