

Jukebox (P)

拍數: 32 牆數: 0 級數: Beginner / Improver Partner
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音樂: Jukebox With A Country Song - Doug Stone



Men and Woman steps are identical except if indicated
Intro : 16 counts

Sweetheart Position L.O.D.

[1-8] (Side Rock, Shuffle Fwd) x2

1-2 RF right, Recover on LF
3&4 Shuffle forward RF,LF,RF
5-6 LF left, Recover on RF
7&8 Shuffle forward LF,RF,LF

[9-16] M : Rock Step, Back Step, (Shuffle Fwd) x 2

[9-16] W: (Step Pivot) x 2, (Shuffle Fwd) x 2

1-2 M : RF forward, Recover on LF
 W : RF forward, Pivot ½ turn left R.L.O.D.

Woman goes under raised arms

3-4 M : RF back, Recover on LF
 W : RF forward, Pivot ½ turn left L.O.D.

Restart at this point

5&6 Shuffle forward RF,LF,RF
7&8 Shuffle forward LF,RF,LF

[17-24] M : Rock Step, Shuffle Back, Side Rock, Triple Step

[17-24] W: Rock Step, Shuffle ½ Fwd, Side Rock, Triple Step

1-2 RF forward, Recover on LF
3&4 M : Shuffle back RF,LF,RF
 W : Shuffle ½ turn right RF,LF,RF R.L.O.D.
5-6 LF left, Recover on RF
7&8 Triple step LF,RF,LF

[25-32] H: Side Together, Shuffle Fwd, Side Together Shuffle Back

[25-32] F: Side Together, Shuffle Back, Side Together Shuffle Fwd

1-2 RF on right, LF side to RF
3&4 M : Shuffle Forward RF,LF,RF
 W : Shuffle back RF,LF,RF
5-6 LF on left, RF side to LF
7&8 M : Shuffle back LF,RF,LF
 W : Shuffle forward LF,RF,LF

[33-40] M : Back Step, Shuffle Fwd, Walk, Walk, Shuffle Fwd

[33-40] W: Step Pivot, Shuffle Fwd, Walk, Walk, Shuffle Fwd

1-2 M: RF back, Recover on LF
 W : RF forward, Pivot 1/2 turn left L.O.D.

Sweetheart position

3&4 Shuffle forward RF,LF,RF
5-6 LF forward, RF forward
7&8 Shuffle forward LF,RF,LF

[41-48] Step Pivot ½ Turn , Shuffle ¼ Turn, Back Cross Rock, Side Shuffle

Raise left arm, Man and woman turn under raised arms

1-2 PD forward, Pivot ½ turn left R.L.O.D.

Indian position man behind woman

3&4 Shuffle ¼ turn left to the right O.L.O.D.

5-6 Cross LF behind RF, Recover on RF

7&8 Shuffle left LF,RF,LF

[49-56] Behind, Side, Cross, Side, Cross Back Rock, Shuffle 1/4 Turn Back

1-2 Cross RF behind LF, LF to the left

3-4 Cross RF in front LF, LF to the left .

5-6 Cross RF behind LF, Recover on LF

Sweetheart position

7&8 Shuffle back ¼ turn left L.O.D.

[57-64] Back Step, Shuffle Fwd, Rock Step, Back Step

1-2 LF back, Recover on RF

3&4 Shuffle forward LF,RF,LF

5-6 RF forward, Recover on LF

7-8 RF back, Recover on LF

Restart : At the 4th routine do the 12 first counts and start from the begining

Have fun Thank You
