

Fragile Woman

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Jane Yip (CAN) - April 2020
音樂: Broken Hearted Woman (容易受傷的女人) - Faye Wong (王菲)



Intro: 8 counts with guitar

SECTION 1: NIGHTCLUB STEP X2, FWD, FWD LOCK PIVOT 1/4 TURN

1 2&3 4& RF step R, LF rock back, recover on RF, LF step L, RF rock back, recover on LF
5 6&7 8 RF step fwd, LF step fwd, RF lock behind LF, LF pivot 1/4 turn R

SECTION 2: CROSS ROCK SIDE X2, PIVOT 1/2 TURN FWD SHUFFLE

1 2&3 4& LF rock across RF, recover on RF, LF step L, RF rock across LF, recover on LF, RF step R
5 6 7&8 LF step fwd and make a pivot 1/2 turn R, LRL shuffle fwd

SECTION 3: BOX CHA CHA

1 2 3&4 RF step R, LF step beside RF, RLR cha cha back
5 6 7&8 LF step L, RF step beside LF, LRL cha cha fwd

SECTION 4: PIVOT 1/4 TURN, CROSS SHUFFLE, SIDE ROCK UNWIND 1/2 TURN

1 2 3&4 RF pivot 1/4 turn L, RLR cross shuffle
5 6 7 8 LF rock L, recover on RF, LF touch across RF and make a 1/2 turn R

HAVE FUN!

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