

Unchain My Heart Cha

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tina Chen Sue-Huei (TW) - April 2020
音樂: Unchain My Heart (DJ Cucky Remix) - Soulproject RX & Larry Ray



Intro: 32 Counts

Tag (4 Counts): End Of Wall-5 Facing 9:00

1-2 Side Step R, Touch L Beside R
3-4 Side Step L, Touch R Beside L

Main Dance (32 Counts)

SI.Fwd R-L Toe Struts – Fwd Touch Recover – L Coaster Step

1-2 Step R Toe Fwd, Drop R Heel
3-4 Step L Toe Fwd, Drop L Heel
5-6 Touch R Toe Fwd, Back Step R
7&8 Back Step L, Tog Step R, Fwd Step L

SII.Diag Fwd R-L Shuffle – Fwd ½ L – Fwd ¼ L

1&2 Diag Fwd Shuffle On RLR
3&4 Diag Fwd Shuffle On LRL
5-6 Fwd Step R, Pivot ½ L Turn Step On L (6.00)
7-8 Fwd Step R, Pivot ¼ L Turn Side Step L (3.00)

SIII. (Cross Back – Back Cross) 2X

1-4 Cross R Over L, Back Step L, Back Step R, Cross L Over R
5-8 Back Step R, Back Step L, Cross R Over L, Back Step L

SIV.Back Rock Recover – ½ L Triple – Back Rock Recover – Fwd Shuffle

1-2 Back Rock R, Recover On L
3&4 ½ L Turn Triple Steps On RLR (9.00)
5-6 Back Rock L, Recover On R
7&8 Fwd Shuffle On LRL

Happy Dancing!

Contact: sh3385@gmail.com