

# Unchain My Heart Cha

COPPER KNOB  
STEPSHETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Tina Chen Sue-Huei (TW) - April 2020  
音樂: Unchain My Heart (DJ Cucky Remix) - Soulproject RX & Larry Ray



Intro: 32 Counts

Tag (4 Counts): End Of Wall-5 Facing 9:00

1-2            Side Step R, Touch L Beside R  
3-4            Side Step L, Touch R Beside L

Main Dance (32 Counts)

**SI.Fwd R-L Toe Struts – Fwd Touch Recover – L Coaster Step**

1-2            Step R Toe Fwd, Drop R Heel  
3-4            Step L Toe Fwd, Drop L Heel  
5-6            Touch R Toe Fwd, Back Step R  
7&8           Back Step L, Tog Step R, Fwd Step L

**SII.Diag Fwd R-L Shuffle – Fwd ½ L – Fwd ¼ L**

1&2            Diag Fwd Shuffle On RLR  
3&4            Diag Fwd Shuffle On LRL  
5-6            Fwd Step R, Pivot ½ L Turn Step On L (6.00)  
7-8            Fwd Step R, Pivot ¼ L Turn Side Step L (3.00)

**SIII. (Cross Back – Back Cross) 2X**

1-4            Cross R Over L, Back Step L, Back Step R, Cross L Over R  
5-8            Back Step R, Back Step L, Cross R Over L, Back Step L

**SIV.Back Rock Recover – ½ L Triple – Back Rock Recover – Fwd Shuffle**

1-2            Back Rock R, Recover On L  
3&4            ½ L Turn Triple Steps On RLR (9.00)  
5-6            Back Rock L, Recover On R  
7&8            Fwd Shuffle On LRL

Happy Dancing!

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