

Be My Light (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Intermediate Partner
編舞者: Dan Albro (USA) - April 2020
音樂: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) -
Thomas Rhett



Start: Facing FLOD, Indian position, lady in front of man
Like footwork except where noted.

[1-8] SIDE, HEEL, SIDE, HEEL, BACK, BACK, BACK, TOUCH

1,2,3,4 Step side R, touch L heel side, step side L, touch R heel side
5,6,7,8 Step back R, step back L, step back R, touch L toe next to R

[9-16] STEP ¼ TURN, BACK, COASTER STEP, STEP, TOUCH, STEP, TOUCH

1,2,3&4 Man Turn ¼ left stepping L, step R next to L, step back L, step R next to L, step fwd L
5,6,7,8 Man Step fwd R, touch L toe next to R, turn ¼ left on L, touch R toe next to L
1,2,3&4 Lady Turn ¼ right stepping back L, step back R, step back L, step R next to L, step fwd L
5,6,7,8 Lady Step fwd R, touch L toe next to R, step back L, touch R toe next to L

Hands: Count 1: lady turns under left hands, Count 5: release both hands, Count 7: pick up right hands

[17-24] TURN LADY INTO SIDE BY SIDE FACING FLOD, 3 SHUFFLES FWD

1,2 Man Step R next to L, turn ¼ left stepping L next to R
3&4 Man Turn ¼ left stepping fwd R, step L next to R, step fwd R
1,2 Lady Step fwd R, turn ½ right stepping back L
3&4 Lady Turn ¼ right stepping fwd R, step L next to R, step fwd R
5&6,7&8 Both Step fwd L, step R next to L, step fwd L, step fwd R, step L next to R, step fwd R

Hands: Counts 1,2: lady turns under right hands, Count 3: pick up left hands into side by side

[25-32] MAN ROCK, REPLACE, SHUFFLE BACK, COASTER STEP, STEP, TOUCH

[25-32] LADY STEP, ½ PIVOT, SHUFFLE ½ TURN, COASTER STEP, STEP, TOUCH

1,2,3&4 Man Rock fwd L, replace weight R, step back L, step R next to L, step back L
1,2,3&4 Lady Step fwd L, pivot ½ right weight R, turn ¼ right stepping side L
&4 Lady Step R next to L, turn ¼ right stepping back L (into original position in front of man)
5&6,7,8 Both Step back R, step L next to R, step fwd R, step fwd L, touch R next to L

Hands: Count 1: left hand goes over ladies head, Count 3: release right hands, Count 4: pick up right hands bringing lady directly in front of man returning to original indian position