

Healing Hands

拍數: 64 牆數: 4 級數:
編舞者: Tina Argyle (UK) - April 2020
音樂: Healing Hands - The Dropbox Cowboys



Music available from pwtracks.webs.com

**** DEDICATED TO OUR FABULOUS NHS STAFF ****

Written during the Covid-19 Lock down

Count In : 16 counts from start of track start with the lyrics

Step, brush, Step, brush. Jazz Box Cross

- 1-2 Step forward Right brush Left
- 3- 4 Step forward Left brush Right
- 5- 6 Cross Right over Left, Step back Left
- 7- 8 Step Right to Right side cross Left over Right

Scissor Step Right then Left with Holds

- 1- 2 Step Right to right side, close Left at side of Right
- 3- 4 Cross Right over Left, Hold.
- 5- 6 Step Left to left side, close Right at side of Left
- 7- 8 Cross Left over Right, Hold.

Vine ¼ Turn, Hold. Step ½ Pivot Turn, brush.

- 1- 2 Step Right to right side, cross Left behind Right
- 3- 4 Make ¼ turn right stepping forward Right, Hold (3 o'clock)
- 5- 6 Step forward Left, make ½ turn right onto Right (9 o'clock)
- 7- 8 Step forward Left, Brush Right at side of Left.

Step Forward Touch x 2. Step Back Touch x 2 (optional claps with touches)

- 1- 2 Step forward Right touch Left at side of Right
- 3- 4 Step forward Left touch Right at side of Left
- 5- 6 Step back Right touch Left at side of Right
- 7- 8 Step back Left touch Right at side of Left

***** TAG here during wall 3 only *****

Right Rumba Box with Touch & Kick

- 1- 2 Step Right to right side, close Left at side of Right
- 3- 4 Step forward Right, touch Left at side of Right
- 5- 6 Step Left to left side, close Right at side of Left
- 7- 8 Step back Left, low kick Right forward

Back,kick. Back,kick. Coaster Step, Brush

- 1- 2 Step back Right, low kick Left
- 3- 4 Step back Left, low kick Right
- 5- 6 Step back Right, step back Left
- 7- 8 Step forward Right, brush Left at side of Right

Lock Step Fwd Hold. 1/2 Shuffle Turn, Hold

- 1- 2 Step forward Left, lock Right behind Left
- 3- 4 Step forward Left, Hold
- 5- 6 Make ¼ turn Left stepping Right to right side, make ¼ turn left stepping back Left (3 o'clock)
- 7- 8 Step back Right, Hold

Coaster Step Hold. Right Rocking Chair,

- 1- 2 Step back Left, step back Right
- 3- 4 Step forward Left, Hold
- 5- 6 Rock forward Right, Recover onto Left
- 7- 8 Rock back Right, Recover onto Left

Tag End of Walls 1 & 4 and during Wall 3 (end of section 4 see step description)

- 1- 4 Step R to right side touch L at side of R, Step L to left side touch R at side of L

Many thanks to Ray Harvey for the dance video and to Honky Tonk Cliff for the track suggestion
