Healing Hands



拍數: 64 牆數: 4 級數:

編舞者: Tina Argyle (UK) - April 2020

音樂: Healing Hands - The Dropbox Cowboys



Music available from pwtracks.webs.com
** DEDICATED TO OUR FABULOUS NHS STAFF **
Written during the Covid-19 Lock down

Count In: 16 counts from start of track start with the lyrics

Step, brush, Step, brush. Jazz Box Cross

1-2	Step forward Right brush Left	
3- 4	Step forward Left brush Right	
5- 6	Cross Right over Left, Step back Left	

7-8 Step Right to Right side cross Left over Right

Scissor Step Right then Left with Holds

1- 2	Step Right to right side, close Left at side of Right
3-4	Cross Right over Left, Hold.
5-6	Step Left to left side, close Right at side of Left
7-8	Cross Left over Right, Hold.

Vine ¼ Turn, Hold. Step ½ Pivot Turn, brush.

1- 2	Step Right to right side, cross Left behind Right
3-4	Make ¼ turn right stepping forward Right, Hold (3 o'clock)
5-6	Step forward Left, make ½ turn right onto Right (9 o'clock)
7-8	Step forward Left, Brush Right at side of Left.

Step Forward Touch x 2. Step Back Touch x 2 (optional claps with touches)

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7-8	Step back Left touch Right at side of Left
5- 6	Step back Right touch Left at side of Right
3-4	Step forward Left touch Right at side of Left
1- 2	Step forward Right touch Left at side of Right

^{***} TAG here during wall 3 only ***

Right Rumba Box with Touch & Kick

1- 2	Step Right to right side, close Left at side of Right
3- 4	Step forward Right, touch Left at side of Right
5- 6	Step Left to left side, close Right at side of Left
7-8	Step back Left, low kick Right forward

Back, kick. Back, kick. Coaster Step, Brush

1- 2	Step back Right, low kick Left
3- 4	Step back Left, low kick Right
5-6	Step back Right, step back Left

7-8 Step forward Right, brush Left at side of Right

Lock Step Fwd Hold.1/2 Shuffle Turn, Hold

1- 2	Step forward Left, lock Right behind Left
3-4	Step forward Left, Hold
5- 6	Make ¼ turn Left stepping Right to right side, make ¼ turn left stepping back Left (3 o'clock)
7-8	Step back Right, Hold

Coaster Step Hold. Right Rocking Chair,

1- 2 Siep back Leit, Siep back Rigi	1- 2	Step back Left, step back Right
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3-4 Step forward Left, Hold

5- 6 Rock forward Right, Recover onto Left7- 8 Rock back Right, Recover onto Left

Tag End of Walls 1 & 4 and during Wall 3 (end of section 4 see step description)

1-4 Step R to right side touch L at side of R, Step L to left side touch R at side of L

Many thanks to Ray Harvey for the dance video and to Honky Tonk Cliff for the track suggestion