

Music with My Friends

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Urban Danielsson (SWE) - March 2020
音樂: Living out of Gigging - Frank Nerkowski : (CD: Number One and Two - iTunes)



#4 counts intro, not tags, no restarts

Section 1: Point-touch-point, coaster step, point-touch-point, coaster step

1&2 Point right toes to right side, touch right toes next to left, point right toes to right side
3&4 Step back on right foot, step left foot next to right, step forward on right foot
5&6 Point left toes to left side, touch left toes next to right, point left toes to left side
7&8 Step back on left foot, step right foot next to left, step forward on left foot

Section 2: Lock-step forward, rock-recover, ¼ turn step left, cross shuffle, scissor step

9&10 Step right foot forward, lock left foot behind right heel, step right foot forward
11&12 Rock left foot forward, recover weight onto right, ¼ turn left step left to left side (9:00)
13&14 Step right foot across in front of left, step left foot to left side, step right foot across in front of left
15&16 Step left foot to left side, step right foot next to left, cross left foot in front of right

Section 3: ½ rumba box back, chassé left with ¼ turn left, heel-hook-heel-flick, shuffle forward

17&18 Step right to right side, step left next to right, step right foot back
19&20 Step left to left side, step right foot next to left, ¼ turn left step left foot forward (6:00)
21&22& Dig right heel forward, hook right heel to left shin, dig right heel forward, flick right foot back (optional with slap of right hand)
23&24 Step right foot forward, step left foot next to right, step right foot forward

Section 4: Heel-hook-heel-flick, shuffle forward, cross, back, back, cross, back, side

25&26& Dig left heel forward, hook left heel next to right shin, dig left heel forward, flick left foot back (optional with slap of left hand)
27&28 Step left foot forward, step right foot next to left, step left foot forward
29&30 Cross right foot in front of left, step back on left foot, step right foot diagonal back to right side
31&32 Cross left foot in front of right, step back on right foot, step left foot to left side

RESTART and ENJOY!