

# No I in Beer

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jean Harris (UK) - April 2020  
音樂: No I in Beer - Brad Paisley



**Intro: 16 Counts from the heavy beat 84 BPM**

**Section 1: Point Right fwd, side, touch. Chasse Right, Point Left fwd, side, touch, Chasse Left**

1 & 2      Point Right fwd, Point Right to Right side, Touch Right beside left  
3 & 4      Step Right to Right side, Close Left beside Right, Step Right to Right side  
5 & 6      Point Left fwd, Point Left to Left side, Touch Left bedside Right  
7 & 8      Step Left to Left side, Close Right beside Left, Step Left to Left side

**Section 2: Rock Recover and Rock Recover, Left Shuffle fwd, step ¼ pivot left**

1 - 2      Rock fwd on Right, Recover onto Left,  
&3- 4      Step Right beside left, Rock back on Left, Recover onto Right  
5 & 6      Left Shuffle fwd (LRL),  
7 - 8      Step forward on Right, Pivot ¼ turn Left.

**Re-start here on W3 and W6**

**Section 3: Right Shuffle fwd, Rock Recover, ¼ turn Chasse Left, Rocking Chair**

1 & 2      Right Shuffle fwd (RLR)  
3 - 4      Rock fwd on Left, Recover onto Left  
5 & 6      ¼ turn Left into a Chasse Left  
7 & 8&      Rock fwd onto Right, Recover onto Left. Rock back on Right, Recover onto Left

**Section 4: Toe Heel Stomp x 2, Kick, Flick ¼ turn Left, Stomp, Stomp**

1 & 2      Touch Right toe beside Left, Touch Right Heel beside Left, Stomp Right beside Left  
3 & 4      Touch Left toe beside Right, Touch Left Heel beside Right, Stomp Left beside Right  
5 - 6      Kick Right fwd, Turn ¼ Left as you flick Right foot back  
7 - 8      Stomp Right beside Left, Stomp Left beside Right

**Restart: After 16 counts (W2) re-start dance on Wall 3 (12.00)  
and after 16 counts (W5) re-start the dance on Wall 6 (3.00)**

**Ending: W10 Dance the first 8 counts of the dance turning ¼ left on the final chasse to face 12.00**