

Be a Light

COPPER **KNOB**
BY STEPHENETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Manon MESPREEVE (FR) & Vince JULIEN (FR) - March 2020
音樂: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) - Thomas Rhett



Intro : 16 counts – Start on the lyrics

SECT- 1 : SHUFFLE FWD - CROSS - SIDE - CROSS AND HEEL - TOE STRUT 1/2 TURN

1 & 2 RF forward - LF behind RF - RF forward
3 – 4 Cross LF forward RF - RF to Right
5 & 6 Cross LF behind RF - RF to Right – Heel PG Forward
& 7 – 8 LF behind RF - Toe Right behind - 1/2 turn to right and drop Heel RF

SECT- 2 : STEP LOCK STEP - SCUFF - 1/4 TURN WITH HOOK - 1/2 TURN WITH HOOK - SHUFFLE SIDE - BEHIND SIDE CROSS

1 & 2 & LF forward - Lock RF behind LF - LF forward - Scuff RF beside PG
3 & 4 & 1/4 turn to Left with RF to Right - Hook LF Behind RF - 1/2 turn to Left with LF to Left - Hook RF Behind
5 & 6 RF to Right – LF beside RF – RF to Right
7 & 8 Cross LF behind RF – RF to Right – Cross LF forward RF

Final

SECT- 3 : 1/4 ROCK MAMBO - COASTER STEP - STEP 1/2 TURN - FULL TURN

1 & 2 1/4 turn to right with RF forward – Recover to LF – RF back (12h00)
3 & 4 LF back – Step RF beside LF – LF forward
5 – 6 RF forward - 1/2 turn to Left (weight on LF) (06h00)
7 – 8 1/2 turn to Left with RF back - 1/2 turn to Left with LF forward (06h00)

SECT- 4 : LARGE STEP BEHIND ROCK BACK TWICE - 4 WALKS WITH 1/4 TURN TO R

1 – 2 Large Step RF to Right – Cross LF behind RF
& 3 – 4 Recover on RF - Large Step LF to Left – Cross RF behind L
& 5 – 6 Recover on LF - 1/4 turn to Right with RF forward - 1/4 turn to Right with LF forward (12h00)
7 – 8 1/4 turn to Right with RF forward - 1/4 turn to Right with LF forward (06h00)

TAG 1 : End of the 2nd wall - begin at 06h00

Start TAG 1 face to 12h00

SECT-1 : HEEL - HOOK - 1/4 TURN WITH HEEL - FLICK (TWICE) - MAMBO 1/2 TURN - STEP TURN STEP

1 & 2 & Heel RF forward - Hook RF cross LF - 1/4 turn to Left with Heel RF forward - Flick RF (09h00)
3 & 4 & Heel RF forward - Hook RF cross LF - 1/4 turn to Left with Heel RF forward - Flick RF (06h00)
5 & 6 Step RF forward – Recover on LF - 1/2 turn to Right with RF forward (12h00)
7 & 8 STEP LF forward - 1/2 turn to Right – STEP LF forward (weight on LF) (06h00)

End of TAG 1 face to 06h00

TAG 2 : Start TAG 2 face to 06h00

End of the 4th wall – begin at 12h00

SECT-1 : ROCK STEP - COASTER STEP - ROCK STEP - SHUFFLE 1/2 TURN

1 – 2 Step RF forward – Recover on LF
3 & 4 RF back – Step LF beside RF – Step RF forward
5 – 6 Step LF forward – Recover on RF

7 & 8 1/4 turn to L with LF to Left – Step RF beside LF – 1/4 turn to Left with LF forward (12h00)

SECT-2 : STEP TURN 1/2 TURN - FULL TURN - ROCK MAMBO - COASTER STEP

1 – 2 Step RF forward - 1/2 turn to L (weight on LF) (06h00)

3 – 4 ½ turn to L with RF back - 1/2 turn to L with LF forward (06h00)

5 & 6 Step RF forward – Recover on LF – Step RF back

7 & 8 Step LF back – Step RF beside LF – Step LF forward

BREAK

End of the 5th wall (begin at 06h00)

Do 2 counts of hold and restart the dance face at 12h00

FINAL

7 th wall, last wall at 06h00, go until Sect 2 and replace 7&8 by :

SAILOR 1/4 TURN TO L

7 & 8 Cross LF behind RF - 1/4 turn to Left with RF to Right – Step LF forward

SEQUENCE :

A - A - TAG 1 - A - A - TAG 2 (X2) - A - BREAK - A - A 16 - FINAL
