

# Get Back 2 The Country (P)

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 0      級數: Improver Partner / Circle  
編舞者: Michael Schmidt (DE) - March 2020  
音樂: Get Back to the Country - Marty Stuart



Intro: 32c, 1 easy Restart

Info: (Mainsong) Start after 32 counts on vocals. Start in Sweethaert Position.  
Same footwork throughout unless otherwise stated.

## [1-8] Heel Hook Heel Hitch R, Coaster Step R, Shuffle L, Step R, 1/2 Turn L

1&2&      Touch Right Heel forward, Cross Right in front of Left, Touch Right Heel forward, Hitch Right Knee  
3&4      Step Right Back, Step Left beside Right & Step Right forward  
5&6      Step Left forward, Step Right beside Left & Step Left forward  
7-8      Step Right forward, 1/2 Turn left (Weight on Left)(RLOD)

**\*7 drop right Hands & raise left Arms over Gents Head first and continue on count 1 in the next section**

## [9-16] Shuffle 1/2 Turn L, Back L + R, Coaster Step L, Mambo Side with Touch

1&2      Step Right to right side on 1/4 Turn left, Step Left beside Right, Step Right back on 1/4 Turn left (LOD)  
3-4      Step left back, Step Right back  
5&6      Step Left back, Step Right beside Left & Step Left forward  
7&8      Step Right to right side, Recover Weight onto Left & Touch Right beside Left

**\*1 continue raising Arms over Ladys Head & rejoin right Hands back to Sweetheart Position**

## [17-24] Side Together Shuffle R + L

1-2      Step Right to right side, Step Left beside Right  
3&4      Step Right forward, Step Left beside Right & Step Right forward  
5-6      Step Left to left side, Step Right beside Left  
7&8      Step Left forward, Step Right beside Left & Step Left forward

## [25-32] Switching Rock Steps, 1/2 Turn L Shuffle, Step R, 1/4 Turn L

1-2      Rock Right forward, Recover Weight onto Left  
&3-4      Step Right beside Left & Rock Left forward, Recover Weight onto Right  
5&6      1/2 Turn left Step Left forward, Step Right beside Left & Step Left forward (RLOD)  
7-8      small Step Right forward, 1/4 Turn left (Weight on Left) (OLOD)

**\*5 drop right Hands & raise left Arms over Gents Head; \*8 keep Arms raised over Ladys Head (continue on next section)**

## [33-40] Step R, 1/4 Turn L, Shuffle R, Shuffle L (L: Shuffle Full Turn L), Heel Switches R + L

1-2      small Step Right forward, 1/4 Turn left (Weight on Left) (LOD)  
3&4      M: Step Right forward, Step Left beside Right & Step Right forward  
L: 1/4 Turn left Step Right side, Step Left beside Right, 1/4 Turn left Step Right back (RLOD)  
5&6      M: Step Left forward, Step Right beside Left & Step Left forward  
L: 1/4 Turn left Step Left side, Step Right beside Left, 1/4 Turn left Step Left forward (LOD)  
7&8&      Touch right Heel forward, Step Right together, Touch left Heel forward, Step Left together

**\*2 rejoin right Hands back to Sweetheart Position; \*3 release left Hands & raise right Arms over Ladys Head back into Sweetheart**

## [41-48] Step Lock Shuffle R + L

1-2      Step Right forward, Lock Left behind Right  
3&4      Step Right forward, Step Left beside Right & Step Right forward  
5-6      Step Left forward, Lock Right behind Left

7&8            Step Left forward, Step Right beside Left & Step Left forward

. . . hold your girl, smile & have fun

**\* Restart (Get Back To The Country): Restart after 16 counts on round 4 (03:00)  
(there's a Restart in the Line Dance version - so why not stay in sync with the Line Dancers)**

**Workshop "Stay Home & Dance 2020"**

**!! => please, take a look at the Line Dance Version "Get Back To The Country"**

**Contact: hallokoala @ gmail.com www.Lucky-Country.de**

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