

Get Back 2 The Country (P)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Improver Partner / Circle
編舞者: Michael Schmidt (DE) - March 2020
音樂: Get Back to the Country - Marty Stuart



Intro: 32c, 1 easy Restart

Info: (Mainsong) Start after 32 counts on vocals. Start in Sweethaert Position.
Same footwork throughout unless otherwise stated.

[1-8] Heel Hook Heel Hitch R, Coaster Step R, Shuffle L, Step R, 1/2 Turn L

1&2& Touch Right Heel forward, Cross Right in front of Left, Touch Right Heel forward, Hitch Right Knee
3&4 Step Right Back, Step Left beside Right & Step Right forward
5&6 Step Left forward, Step Right beside Left & Step Left forward
7-8 Step Right forward, 1/2 Turn left (Weight on Left)(RLOD)

***7 drop right Hands & raise left Arms over Gents Head first and continue on count 1 in the next section**

[9-16] Shuffle 1/2 Turn L, Back L + R, Coaster Step L, Mambo Side with Touch

1&2 Step Right to right side on 1/4 Turn left, Step Left beside Right, Step Right back on 1/4 Turn left (LOD)
3-4 Step left back, Step Right back
5&6 Step Left back, Step Right beside Left & Step Left forward
7&8 Step Right to right side, Recover Weight onto Left & Touch Right beside Left

***1 continue raising Arms over Ladys Head & rejoin right Hands back to Sweetheart Position**

[17-24] Side Together Shuffle R + L

1-2 Step Right to right side, Step Left beside Right
3&4 Step Right forward, Step Left beside Right & Step Right forward
5-6 Step Left to left side, Step Right beside Left
7&8 Step Left forward, Step Right beside Left & Step Left forward

[25-32] Switching Rock Steps, 1/2 Turn L Shuffle, Step R, 1/4 Turn L

1-2 Rock Right forward, Recover Weight onto Left
&3-4 Step Right beside Left & Rock Left forward, Recover Weight onto Right
5&6 1/2 Turn left Step Left forward, Step Right beside Left & Step Left forward (RLOD)
7-8 small Step Right forward, 1/4 Turn left (Weight on Left) (OLOD)

***5 drop right Hands & raise left Arms over Gents Head; *8 keep Arms raised over Ladys Head (continue on next section)**

[33-40] Step R, 1/4 Turn L, Shuffle R, Shuffle L (L: Shuffle Full Turn L), Heel Switches R + L

1-2 small Step Right forward, 1/4 Turn left (Weight on Left) (LOD)
3&4 M: Step Right forward, Step Left beside Right & Step Right forward
L: 1/4 Turn left Step Right side, Step Left beside Right, 1/4 Turn left Step Right back (RLOD)
5&6 M: Step Left forward, Step Right beside Left & Step Left forward
L: 1/4 Turn left Step Left side, Step Right beside Left, 1/4 Turn left Step Left forward (LOD)
7&8& Touch right Heel forward, Step Right together, Touch left Heel forward, Step Left together

***2 rejoin right Hands back to Sweetheart Position; *3 release left Hands & raise right Arms over Ladys Head back into Sweetheart**

[41-48] Step Lock Shuffle R + L

1-2 Step Right forward, Lock Left behind Right
3&4 Step Right forward, Step Left beside Right & Step Right forward
5-6 Step Left forward, Lock Right behind Left

7&8 Step Left forward, Step Right beside Left & Step Left forward

. . . hold your girl, smile & have fun

*** Restart (Get Back To The Country): Restart after 16 counts on round 4 (03:00)
(there's a Restart in the Line Dance version - so why not stay in sync with the Line Dancers)**

Workshop "Stay Home & Dance 2020"

!! => please, take a look at the Line Dance Version "Get Back To The Country"

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