

Picture In A Frame

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kim Liebsch (DK) - April 2020
音樂: Picture In A Frame - Basim



Intro: 16 counts after 1st beat (appr. 13 seconds) Start with weight on L foot

****2 tags: (1) After wall 4 (*12:00) (2) After wall 5 (**3:00) – Repeat last 16 counts**

Restart: On wall 2 after 32 counts (≠6:00)

Ending: After 2 X sway (5-6) in section 6, step fw. on R while sweeping L to R to face 12:00

#1 section: Lunge ¼ turn, step ¾ turn, back rock side, sailor ½ turn

1-2 Lunge R to R side, recover ¼ turn L putting weight on L 12:00
3&4 Step fw. on R, make ½ turn L stepping fw. on L, make ¼ turn L stepping R to R side 12:00
5&6 Rock back on L, recover on R, step L to L side 12:00
7&8 Sweep/cross R behind L, making ½ turn R stepping L to L side, step fw. on R 6:00

#2 section: ½ turn back, coaster step, walk walk, step ¼ turn cross side

1-2 Make ½ turn L stepping fw. on L, step back on R 12:00
3&4 Step back on L, step R next to L, step fw. on L 12:00
5-6 Walk fw. on R, walk fw. on L 12:00
7&8& Step fw. on R, make ¼ turn L stepping L to L side, cross R over L, step L to L side 9:00

#3 section: Back with sweep back with hitch, behind side cross, recover side cross, run ¾ turn

1-2 Step back on R while sweeping L, step back on L while hitching R 9:00
3&4 Cross R behind L, step L to L side, cross R over L 9:00
5&6 Recover on L, step R to R side, cross L over R 9:00
7&8 Run R-L-R ¾ turn R 6:00

#4 section: Mambo fw. mambo back, ¼ scissor step, 2 X ¼ turn

1&2 Rock fw. on L, recover on R, step L next to R 6:00
3&4 Rock back on R, recover on L, step R next to L 6:00
5-6-7 Make ¼ turn R stepping L to L side, step R next to L, cross L over R 9:00
&8 Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side (≠6 :00) 3:00

#5 section: 2 X basic step, ¼ turn ½ turn, step ½ turn step ½ turn

1-2& Step R to R side, close L behind R, cross R over L 3:00
3-4& Step L to L side, close R behind L, cross L over R 3:00
5-6 Make ¼ turn L stepping back on R, make ½ turn L stepping fw. on L 6:00
7&8& Step fw. on R, make ½ turn L stepping fw. on L, step fw. on R, make ½ turn R stepping back on L 6:00

#6 section: Back lock back X 2, 2 X sway, step ½ turn ¼ turn cross

1-2& Step back on R, lock L in front of R, step back on R (twist body slightly R) 6:00
3-4& Step back on L, lock R in front of L, step back on L (twist body slightly L) 6:00
5-6 Sway R, sway L 6:00
7&8& Step fw. on R, make ½ turn R stepping back on L, make ¼ turn R stepping R to R side, cross L over R (*12:00)(**3:00) 3:00

Stay safe, Good Luck & N'joy!

(Contact: Kimliebsch on Instagram and liebsch@ymail.com)

