

# Mueve La Cintura

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner / Improver  
編舞者: Winda Dendi (INA), Ira Barie (INA), Tomi Andriansyah (INA) & Julian Syah (INA)  
- April 2020  
音樂: Mueve la Cintura - Pitbull, Tito El Bambino & Guru Randhawa



Start dancing after 32 count, NO tag, NO restart

## I. MAMBO FORWARD – V STEP - SWIVEL

1&2      Step Rf forward, step LF in place, step RF beside LF  
3&4      Step LF forward, step RF in place, step LF beside RF  
5&6&      Step RF diagonally forward, step LF diagonally forward, step RF back to the middle, step LF beside RF  
7-8      Swivel both heels to R, swivel both heels to L

## II. SYNCOPATED CROSS SHUFFLE – CROSS ¼ TURN L HITCH – POINT – TOUCH (9 O’CLOCK)

1&2&      Step RF cross over LF, step LF to side, step RF cross over LF, step LF to side  
3&4      Step RF cross over LF, step LF to side, step RF cross over LF  
5-6      Step LF cross over RF, ¼ turn L while doing hitch  
7-8      Step RF touch side, step RF touch in beside LF (9 o’clock)

## III. MAMBO FORWARD (9 O’CLOCK) – ¼ PIVOT R (12 O’CLOCK) – SIDE STEP TOGETHER – SIDE ROCK (WITH HIP ROLLS) – RECOVER - TOUCH

1&2      Step RF forward, recover on LF, step RF beside LF  
3&4      Step LF forward, ¼ turn R by stepping RF in place, step LF beside RF  
5-6      Step RF to side, step LF together  
7&8      Step RF to side (with hip rolls), recover on LF, step touch RF beside LF

## IV. ¼ TURN R COASTER STEP WITH SWEEP (3 O’CLOCK), ¼ PIVOT R (6 O’CLOCK) – SIDE MAMBO

1&2      Sweep ¼ turn R by stepping RF backward, step LF beside RF, step RF forward (3 o’clock)  
3&4      Step LF forward, ¼ turn R by stepping RF in place, step LF cross over RF (6 o’clock)  
5&6      Step RF to side, step LF in place, step RF beside LF  
7&8      Step LF to side, step RF in place, step LF beside RF

### Optional for higher level dancers

5-8      Syncopated Mambo  
5&6      Step RF to side, recover on LF, step RF beside LF  
&7&8      Step LF to side, recover on RF, step LF beside RF, step touch RF beside LF

ENJOY THE DANCE !!!

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