

# Bar None

COPPER KNOB  
BY STEPHEN T. C.

拍數: 32      牆數: 2      級數: Improver  
編舞者: Phyllis Manier (USA) - April 2020  
音樂: This Bar - Morgan Wallen



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## Heel Grind $\frac{1}{4}$ turn right, Shuffle back, Shuffle $\frac{1}{2}$ , Step $\frac{1}{4}$ Turn

1&2      Right heel grind forward  $\frac{1}{4}$  right recover left  
3&4      Shuffle back R L R  
5&6      Shuffle  $\frac{1}{2}$  turning left L R L  
7&8      Step forward R  $\frac{1}{4}$  turn pivot left

## Cross and Cross, Turn $\frac{1}{2}$ L Cross and Cross, Side Rock, Behind and Cross

1&2      Cross and Cross Right over left  
3&4      Pivot on right  $\frac{1}{2}$  left Cross and Cross Left over right  
5&6      Rock right side recover left  
7&8      Step right behind left, side left, cross right over left

## Turn $\frac{1}{4}$ Turn $\frac{1}{2}$ , Shuffle forward, Step $\frac{1}{2}$ turn, Shuffle $\frac{1}{2}$

1-2      Step back left turning  $\frac{1}{4}$  right, Step forward right turning  $\frac{1}{2}$  right  
3&4      Shuffle forward L R L  
5-6      Step forward right  $\frac{1}{2}$  pivot turning left recover left  
7&8      Shuffle  $\frac{1}{2}$  turning left R L R

## Walk back back, Coaster cross, Step touch, Turn touch

1-2      Walk back left right  
3&4      Coaster cross L R L  
5-6      Step right side  $\frac{1}{4}$  touch left next to right  
7&8      Shuffle forward L R L

**Have Fun - No Tags No Restarts**

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