

Sad Nights

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Novice / Intermédiate
編舞者: Beatrice Jover (FR) - April 2020
音樂: Sad Night by Rihanna, Sia and David Guetta



Intro: 32 counts – No Tag No Restart

Pattern : A A A A A 16 counts B A A A A A 16 counts B B

PART A

Step ½ turn, right shuffle fwd , full turn , left shuffle fwd

1-2 step fwd on R (1), pivot ½ turn left on to L (2).
3&4 step fwd R (3), close L to R (&), step fwd r (4).
5-6 ½ turn R step L back (5), ½ turn R step R fwd (6).
7&8 step fwd L (7), close R to L (&), step fwd L (8)

Cross Rock, Right shuffle side, Cross , Heel jack

1-2 Cross Rock on R over L (1), Recover on to L (2).
3&4 step to R fwd to R side (3), close LF to RF (&), step RF o R side (4).
5-6 Cross L over R (5), step R to R side (6).
7&8& step L behind R (7), step R to R (&), touch L heel to diagonal L (8), Step L back (&)

Cross, Side, Behind, Side, Cross, Monterey turn ¼

1-2 Cross R over L (1), Step L to L side (2).
3&4 Step R behind L (3), step L to L side (&), Cross R over L (4).
5-6 Point L fwd to L (5), ¼ turn L closing L fwd next to L (6)
7-8 Point R to R (7), closing R fwd next to L (8).

Rock Recover, coaster step, weave Right, Point

1-2 Rock R fwd (1), Recover L (2)
3&4 Step back on R fwd close L fwd (3), step fwd on L fwd (4)
5-6 Cross L fwd over R (5), step R fwd to R side (6)
7-8 step L fwd behind R (7), touch R fwd to R side (8)

PART B

Jump cross, jump out, jump cross, jump out, jazz box

1-2 jump both feet cross (R over L) (1), jump both feet apart (2)
3-4 jump both feet cross (L over R) (3), jump both feet apart (4)
5-8 step R fwd (5), step L fwd back (6), step R fwd to R side (7), stepping L fwd behind R fwd (8).

Vine right touch, vine left, side

1-2 Cross R fwd over L (1), step L fwd to L side (2)
3-4 step R fwd behind L (3), touch L fwd to L side (4)
5-6 Cross L fwd over R (5), step R fwd to R side (6)
7-8 Step L fwd behind R (7), step R fwd to R side (8)

Swivet right, swivet left, swivet right, swivet left

1-2 Heel R and sole L pivot to the R, Return to the initial position facing the dance line
3-4 Heel L and sole R pivot to the L, Return to the initial position facing the dance line
5-6 Heel R and sole L pivot to the R, Return to the initial position facing the dance line
7-8 Heel L and sole R pivot to the L, Return to the initial position facing the dance line

Heel switch R, heel switch R, back R, back hitch, back L, back hitch

1-4 Touch R heel fwd (1), step R next to L (2), Touch L heel fwd (3), step L next to Right (4)

5-6 step R back (5), step R back while hitch L knee (6)
7-8 step L back (7), step L back while hitch R knee (8)

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